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# TOURIST GUIDE to the Olomouc Region



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Photo: Archive OLK

# The Olomouc Region, a joy to discover

**Castles, chateaus, amazing nature and its treasures, and diverse sports activities. The Olomouc Region offers a wide selection of excursions and trips. Something for everyone. Even if you have lived here your entire life, you can still be surprised by new attractions or unknown magical places.**

The Olomouc Region's incredible diversity is like a table overflowing with the tastiest delicacies, and it's up to you which one you'll choose. From the lowlands of Hornomoravský úval, the changing landscape rises to meet the majestic Praděd and other peaks of the Jeseníky Mountains. What awaits you are enchanting castles, superb spas, pristine nature, eerie caves, the historical city of Olomouc and lively folklore. Olomouc, with the second-largest conservation area, has become the crown princess of Bohemian and Moravian towns. The pride and joy of the Olomouc Region is the Holy Trinity Column, on the UNESCO World Heritage List.

The Haná Region is a rich and fertile area with a distinctive vernacular and folk traditions, famous for its hospitality and tasty treats, such as the unique mature cheese called "Olomoucké tvarůžky". Travellers can look forward to historical sights, such as the Bouzov castle,

or natural gems, like the Javoříčko or Mladeč Cave. The Moravian Gate region is dominated by the extensive Helfštýn castle complex, or the Hranice Abyss, still shrouded in mystery. The other side of the Bečva Valley is home to the mineral water of the unique Zbrašov Aragonite Caves.

The Jeseníky Mountains are a true paradise for hiking enthusiasts: your feet might get tired, but their raw beauty will spark a never-ending flame in your heart. The vast ridges, serene peatbogs, and deep forests remain unchanged as the highest Moravian mountains remain untamed. In winter, it turns into a paradise full of skiers and modern ski resorts; in summer, swarms of hikers and cyclists fill the mountains, trying to conquer the steep peaks and mellow out on the easier river valley trails. The Olomouc Region is a joy to discover.

## Experiences await.



Photo: Archive OLK

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Free/discounted admission with the Olomouc Region Card  
(Services marked with the ORC symbol correspond to the 2022 status. The up-to-date list of partners of the Olomouc Region Card system is available at [www.olomoucregioncard.cz](http://www.olomoucregioncard.cz))



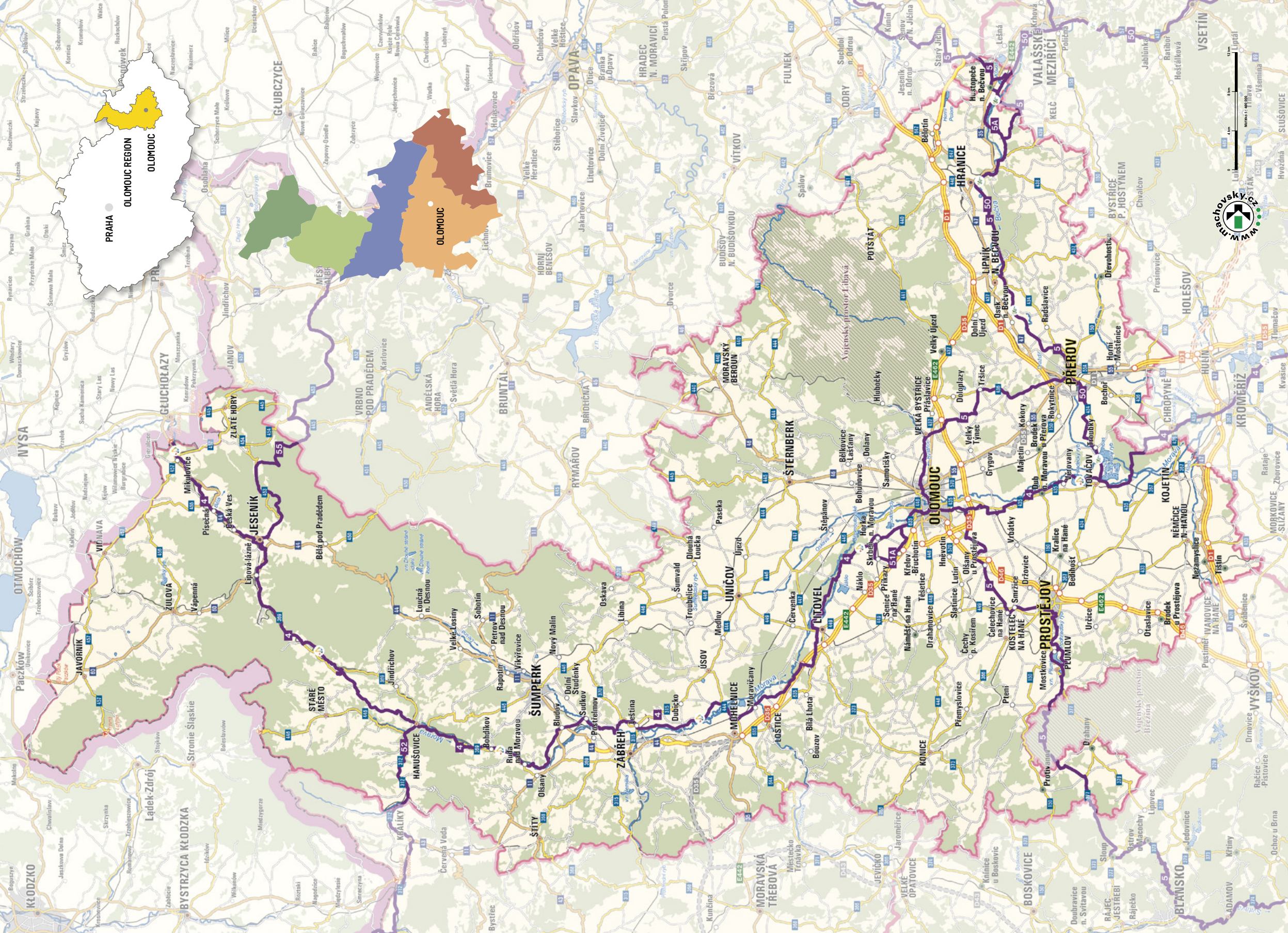
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# Wonders and miracles

There are a number of unique attractions in the Olomouc Region: a UNESCO monument, the deepest freshwater abyss, romantic castles, a myriad of mysterious caves, a technical sight, and precious mountain nature.



## Olomouc and the Holy Trinity Column

The world-famous travel book publisher Lonely Planet calls Olomouc the hidden gem of Europe. This is owing to the undeniable beauty of its outstanding palaces and townhouses, romantic nooks and historical lanes weaving an enchanting web around the charming squares with baroque fountains and the monumental Holy Trinity Column, a UNESCO World Heritage site. [www.tourism.olomouc.eu](http://www.tourism.olomouc.eu)

## Castles and Chateaus

Dominating towers, massive walls and romantic mansions surrounded by beautiful parks. The Olomouc Region is a treasure chest full of glimmering castles and chateaus. One of the most popular ones is the medieval Helfštýn Castle, with an extraordinary indoor palace, which plays host to the Hefaiston artistic blacksmith festival, and the Bouzov Castle, a fairytale sight overlooking the surrounding deep forests. The Čechy pod Kosířem Castle will make you laugh with its archive of films by Zdeněk and Jan Svěrák, and in Velké Losiny, you will be faced with the chilling and infamous stories of the witch trials.



## Caves

There are many opportunities to discover the magical underworld of the Olomouc Region. The Zbrašov Aragonite Caves were formed by the unique power of mineral water. The Javoříčko Caves comprise an almost 6-kilometre-long cave system with one of the richest stalactite decorations in the Czech lands. The limestone hill of Třesín hides the Mladeč Caves, which used to be a ritual burial site for the Cro-Magnons. The Na Pomezí Caves are the biggest marble caves, and the Na Špičáku Caves will impress you with their heart-shaped passages. [caves.cz](http://caves.cz)



Photo: Archive OLK

## Hrubý Jeseník

The Jeseníky Mountains retain the rugged character and picturesque beauty of intact nature. Visitors love to climb up Praděd, enjoy the true romantic wilderness of the White Opava Valley, take a walk in the Šerák-Keprník natural reserve with the Lichtenstein Forest or explore the other parts of the ridge to see Petrovy kameny and Červenohorské sedlo. In winter, skiers will enjoy the excellent snow conditions and facilities of the Hrubý Jeseník. [jeseniky.cz](http://jeseniky.cz)



## Hranice Abyss

How deep is the deepest flooded freshwater abyss in the world? Nobody knows. The Hranice Abyss does not want to give its secret away. Explorers got as far as 69.5 meters down the dry part and 450 metres underwater. Not even state-of-the-art technology has been able to locate its bottom due to the indented karst system. Follow the tourist markings to hike to the Hranice Abyss. Visit the Hranice Abyss Information Centre, where you can literally stare into the abyss using virtual reality. [hranickapropast.cz](http://hranickapropast.cz)



## Dlouhé Stráně Pumped-Storage Hydroelectric Power Plant

It is the eye of the Jeseníky Mountains, one of the technical wonders of the Czech Republic. The upper reservoir of the hydroelectric power plant attracts visitors with its stunning intensity. It is not every day you see a lake at 1354 metres above sea level on the roof of the highest Moravian mountain range. There are excursions several times a day to see the inside of the power plant built into the hill and to have a chance to see the largest reverse water turbines in Europe. [dlouhe-strane.cz](http://dlouhe-strane.cz)



## Handmade Paper Mill Velké Losiny

The original Žerotín manufactory in Velké Losiny has been producing handmade paper continuously since the end of the 16th century, making it a European rarity. Head down to the Museum of Paper, which will show you some manufacturing sites and gradually reveal the secrets of the handmade production of this white treasure, which is being exported to the entire world. You will also be amazed by the authentic indoor structure of this technical and cultural sight. [www.rpv.cz](http://www.rpv.cz)

## Did you know... ?

### ■ Olomouc Baroque Ensemble

The six fountains inspired by ancient mythology, the Marian Column in the Lower Square and the Holy Trinity Column in the Upper Square form a Baroque ensemble that belongs on the list of national cultural monuments. Take a walk through the city's centre and study the stone witnesses of the era marked by great artistic development. The Holy Trinity Column took nearly forty years to build and was worked on exclusively by local artists, a great source of pride for the town. The consecration ceremony took place in 1754 and was attended by Empress Maria Theresa and her husband, Francis I, Holy Roman Emperor.

### ■ Not Just Caves

Moravia is abundant in caves formed by the geological conditions of the entire region. Therefore, the Olomouc Region has no less than five sites where visitors can explore the mysterious underworld. However, the surroundings of the caves also incorporate other interesting karst formations: the Petrified castle in the Javoříčko region, the rock gate and abyss in Zátvořice, or the Rimice Springs, which can be found in Mladeč, in the Podkova Cave behind the karst springs.

### ■ Comenius Knew of the Hranice Abyss

With today's satellites, the landscape can be photographed to the tiniest detail, yet even today, the Hranice Abyss remains a mystery to us. Did you know that the first written references to the abyss date back to the 16th century, and Jan Amos Comenius plotted it in his Map of Moravia in 1627? Speleologists have compared surveying it over the recent decades to exploring the Moon. When Polish diver Krzysztof Starnawski reached a depth of 225 metres in 2014, he spent twenty minutes on the way down, several minutes at the aforementioned depth and more than nine hours surfacing and decompressing.

### ■ Electricity in 100 Seconds

The Dlouhé Stráně Pumped-Storage Hydroelectric Power Plant is a technical marvel full of interesting features. It takes only 100 seconds for it to go from zero to maximum power, and then it can supply electricity for another six hours. There is almost 70 m³ of water per second flowing through each of the two penstocks. In a year of operation, it produces enough energy to cover the consumption of 180,000 households.



# Active Experiences

For sports enthusiasts, the Olomouc Region has a wide variety of experiences to offer. Among the most popular activities are hiking and skiing in the Jeseníky Mountains; cyclists can go on long-distance trips along the Morava or Bečva rivers, and adrenaline junkies can visit the trail and bike parks.



Photo: Archive OLK

## In the Saddle

The Olomouc Region is criss-crossed by eminent long-distance cycling routes. The most famous ones are the Bečva Cycle Path and the Moravian Trail along the Morava River, going from north to south. Cycling along the Bečva River is popular because the trail is mostly off-road and easy, so it is ideal for families with kids. The Taste of Moravia Cycling Trail combines a love for cycling and gastronomy and connects the towns of Zábřeh and Loštice.



Photo: Archive OLK



Photo: Archive OLK

## Hills, Forests, and Ridges

The Jeseníky Mountains are a safe haven for tourists. Preserved nature, harsh climate and ridge trails with breathtaking views; these aspects attract many nature lovers to the highest Moravian mountains. The royal peak is Praděd, which overlooks the surrounding hills and valleys from a height of 1,491 metres. If you want to have an even nicer view, you can climb up the iconic TV tower. The gem of the mountain ridge hidden deep in the forests is the Rejviz National Nature Reserves, with a 6,000-year-old peatbog and Great Moss Lake. There is something for everybody.



Photo: Archive OLK

## Skiing Paradise

The Jeseníky Mountains have always attracted skiers, and thanks to substantial investments in ski lifts and artificial snow, the quality of services for skiers has been significantly improving. The most popular ski resorts are Kouty (in Kouty nad Desnou) with a six-seater chairlift and three-kilometre blue ski slope, Kraličák with a state-of-the-art, heated six-seater chairlift, or Červenohorské sedlo, with slopes above 1,000 metres above sea level.



## Observation Towers

People have always been fascinated by the bird's-eye perspective, but fortunately, since humans don't have wings, we started to build observation towers. The oldest stone ones in the Jeseníky Mountains date back to the end of the 19th century and are still standing today, such as Biskupská kupa and Zlatý chlum. And more towers are emerging all the time, including the modern observation towers Silver Twiggy, Dalimil's Lookout Tower in the foothills of Sněžník, Kopaninka on the edge of the Drahaný Highlands or Háječek Tower.



Photo: m-ARK

## Morava Boat Trail

The Morava River is one of our year-round navigable rivers. You don't have to face the tourist rush of the Vltava River, yet the quality of service is comparable. Provided there is enough water, the upper part of the Morava River, which starts in Hanušovice, is well-liked by many paddlers. Easy sections for families with kids start in Postřelmov, and the river runs through the Litovelské Pomoraví protected area between Litovel and Olomouc.

## Top Attractions

### Kraličák Bobsleigh Track

In the Kraličák Mountain Resort, on the black slope at the foothill of Štvanice, there is a modern bobsleigh track that will make your head spin. It is equipped with two carousels (360° turns) and a finish in a tunnel under the D-line chairlift. This makes this one-kilometre-long ride a wonderful adventure for people of all ages. It is ideally located and well-arranged, so parents can keep an eye on their children throughout the entire ride. Each bobsleigh is unique, has its own name and distinctively coloured stripes on the hood. The Kraličák Mountain Resorts offers a wide variety of other summer and winter activities.

### Hlubočky Bobsleigh Track

A kilometre-long stainless steel track built on the slope with 17 turns, two of them 360°. These are the parameters of the bobsleigh track at Hlubočky Ski Resort near Olomouc. The speed and passes can be controlled by the rider's use of brakes and by leaning into the curves. Therefore, you can reach a speed of up to 60 km/h. Along the way, you can enjoy two terrain twists, a nearly 50-metre bridge and a short tunnel.



### Hrubá Voda Bobsleigh Track

The 850-metre-long bobsleigh track winds through the rugged terrain of the Bystrice Valley Nature Park in the Hrubá Voda Resort. You can ride the two-seater bobsleighs at a maximum of 40 km/h as a couple or take our little one for an adrenaline ride. You will enjoy an elevation of over 50 metres and a startling turn at the end. The Hrubá Voda Resort is also equipped with a children's park, rope climbing park, tubing track, horseback riding and many more attractions.





# Health, Wellness, and Pampering

We need to take care of our body properly so it can serve us long and well. The Olomouc Region is renowned for its high-quality spa facilities, which offer treatments using mineral springs, as well as exceptional climate conditions and clean air.



## Velké Losiny Thermal Spa

The older Moravian thermal spa is located in a secluded forest park in Velké Losiny. There are natural sulphur springs surfacing from a depth of around 1,000 metres used to treat skin, neurological, oncological and circulatory ailments. Modern hydrotherapy methods are offered even to those who just want to relax, recharge their batteries or spend a pleasant weekend full of pampering.

[www.lazne-losiny.cz](http://www.lazne-losiny.cz)



Photo: Archive OLK

## Velké Losiny Thermal Spa Park

The hottest springs in Moravia feed a total of nine pools at the Velké Losiny Thermal Spa Park, located very close to the spa. The indoor and outdoor area of 6,000 m<sup>2</sup> and the level of services offered can be compared to those of well-known Austrian spas in Laa or Gmünd, but you don't have to travel so far to enjoy it. Go and relax in 36°C water and enjoy many other activities as the best reward after a challenging hike in the Jeseník Mountains.

[www.termaly-losiny.cz](http://www.termaly-losiny.cz)



## Priessnitz Health Spa in Jeseník

First, he cured himself, and then Vincenz Priessnitz founded the world's first hydrotherapy institute in Gräfenberg near the town of Jeseník. Two centuries have passed, and the Priessnitz health spa is still using the gifts provided by nature to heal diseases of the upper and lower respiratory tract, blood circulation, nervous system and many other illnesses. In addition to the manifold offer of relaxing and healing stays, the spa area also offers access to a unique water garden.

[www.priessnitz.cz](http://www.priessnitz.cz)



## Schroth's Spa in Dolní Lipová

The community healer Johann Schroth founded a spa in Dolní Lipová, which healed using natural resources as well as warm compresses combined with copious wine drinking. Today, these methods are already outdated. Schroth's spa treatments are based on the latest findings in combination with the use of a unique herbal mixture from Lipová. They mainly help with skin and respiratory ailments. [www.lazne-lipova.cz](http://www.lazne-lipova.cz)

## Teplice nad Bečvou Spa

This is the oldest spa in Moravia, dating back to the 16th century. They are still using the mineral water from Teplice, healing water enriched with minerals and carbon dioxide. It helps children and adults when recuperating from a musculoskeletal, circulatory, nervous or metabolic system disorder. The wide offer of treatments and relaxation stays is complemented by one-day packages as well. [www.ltnb.cz](http://www.ltnb.cz)



## Bludov Spa

The cosy spa in Bludov dates back to 1929, when it was built near the thermal sulphur springs. The temperature of the spring water is 24°C and it is heated even more before each treatment. Located in the perfect mountain climate, it helps in treating musculoskeletal and neurological diseases and contributes to the effectiveness of reduction, rehabilitation and rejuvenation programmes. [www.lazne-bludov.cz](http://www.lazne-bludov.cz)



## Slatínice Spa

The picturesque nature at the foot of the Velký Kosíř and the tranquil atmosphere of the rural area are what makes the Slatínice Spa (located between Olomouc and Prostějov) so good. The mineral springs benefit our joints and help us recuperate after spinal surgeries and with rheumatological or neurological diseases. In addition to comprehensive healing treatments, the spa also offers shorter relaxing stays for the general public. [www.lazneslatinice.cz](http://www.lazneslatinice.cz)



Photo: Archive OLK

## Wellness Bliss

### Sobotin Resort

Relaxing massages, sauna rituals, and other treatments. The Sobotin Resort under the Hrubý Jeseník ridge offers a range of spa services, including saunas and whirlpools in the spa hotel Sidonie.

### Kolštejn Spa Hotel

The largest sauna complex of the Jeseník Mountains offers a wide range of massages and spa treatments, salt therapy, tropical rain and an indoor pool with saltwater and counter-current element.

### Hluboký dvůr Spa Hotel in Hrubá Voda

The sauna area is equipped with an indoor whirlpool overlooking a giant aquarium, steam room, multisensory shower experience, and relaxation room. All of this can also be booked as a private experience.



### Boženov Spa Hotel

The hotel offers a Finish sauna, steam room with aromatherapy and outdoor whirlpool to its guests as well as the general public. The wide variety of treatments includes massages, body wraps, and scrubs.



### Theresian Hotel & Spa Olomouc

Saunas, whirlpools, Kneipp's contrast foot bath and multisensory shower experience. All of these services are offered in the Theresian Hotel & Spa in the Olomouc city centre.

## We recommend...

### Beer Baths

If you want to experience a soothing and relaxing beer bath, visit the St. Wenceslas minibrewery in Olomouc, Clarion Congress Hotel in Olomouc or Sobotin Resort.



# Following the Flavours and Traditions

The Olomouc Region is known for its rich agricultural tradition, which produces unique gastronomic delicacies. Thanks to the skills and talent of the locals, the traditional crafts, as well as the local folklore, have survived to this day.

## ORC "Tvarůžky" Traditional Cheese

The Olomoucké tvarůžky traditional cheese originated in the 15th century in the Haná region. Today, the town connected with the cheese is Loštice, and it established an entire museum to honour the cheese. You will learn about its rich history and can visit the cheese shop offering all the different cheese varieties. The popularity of this mature cheese is further supported by the local Tvarg Brewery in Velká Bystřice, where they make their own Tvargle cheese. [www.tvaruzky.cz](http://www.tvaruzky.cz), [www.tvarg.cz](http://www.tvarg.cz)



## The Land of Beer

Excellent and prosperous hop farms in Tršicko and high-quality malting barley from the fertile soil of the Haná region.

This is why the Olomouc Region has a rich and long-standing tradition of brewing beer. Today, the tradition is carried on by larger breweries in Hanušovice, Litovel and Přerov, which are joined by dozens of smaller breweries and microbreweries from all corners of the region. All of these have loyal fans among the lovers of our foamy national beverage.



## Folklore Rules

Ubiquitous embroidery reflecting the rich and fertile land; that is a typical feature of the traditional local costumes. The Haná region has seen a rise in the popularity of folklore and traditional events happening throughout the year. Many villages have managed to renew the carnival celebrations, the towns of Doloplazy or Kojetín maintain the tradition of the Ride of the Kings, and the traditional folklore festival in Velká Bystřice called Ethnographic Year is still very popular. The local spirit also survives in the characteristic dialect, which is preserved especially in rural areas.



## Haná Open Air Museum

The museum reminds us of how people used to live in Central Moravia. You can find it in Příkazy, just a few kilometres from Olomouc, in an area of a former farm called Kameníček's Homestead from the late 19th century. The site is comprised of a residential and agricultural area, a garden with fruit trees and three barns, unique testimony to the earthen folk architecture of the Haná region. It includes an abundant collection of local folk objects, as well as tools and machines used in the region. [nvmp.cz/prikazy](http://nvmp.cz/prikazy)



Photo: ArchiveOLK

## ORC Open Air Gold-Digging Museum

The Valley of Lost Gullies has always been a place of miracles. In the past, the Olešnice River used to bring gold to the local miners; now, the gold-digging museum will transport you back to that medieval time. There are replicas of old mining mills with water wheels powered by the water canal, and you can also witness the crushing of gold ore. You can also try your luck and pan for gold yourself and then take it home with you. The nature trail will also show you a place where the water seems to be flowing uphill. [www.krajpokladu.cz](http://www.krajpokladu.cz)

## Ode to Carriages

The biggest museum of historical carriages in Čechy pod Kosířem was established by the renovator Václav Obr. It comprises approximately 100 carriages and sleighs, some of which are up to 270 years old. The most valuable ones are, for example, the Archbishop's carriage, a range of mourning carriages or the "Golden Coach" made in France in 1750. Every summer, the town hosts the popular Josefkol festival of carriage craftsmen. [www.historickekokary.cz](http://www.historickekokary.cz)



Photo: ArchiveOLK

## Taste the Moravia Cycling Trail

If you follow this cycling trail, your taste buds will thank you for the unforgettable experience. The 91-kilometre-long circuit through Zábřeh and Mohelnice comprises eleven very tasty stops. Are you in the mood for duck pate, lamb roast or quail with wild spices? You can taste all of those in the Via Delicia cannery in Zábřeh. You can alternate between cycling and taking the train and visit family farms, cafés and other traditional producers of local delicacies. [ochutnejmoravunakole.cz](http://ochutnejmoravunakole.cz)



Photo: ArchiveOLK



# Most Popular Events

The Olomouc Region hosts a number of important events in the field of culture, sport, gastronomy and art, which are attended by people from near and far. They also often resonate beyond the borders of the Czech Republic.



Photo: Archive OLK

## Hefaiston Festival

The iron is heated in a smouldering fire only to be later shaped into exceptional pieces with hard work and sophisticated tools. Since 1982, the best artistic blacksmiths have been meeting at the Hefaiston festival, a three-day event held at the Helfštýn Castle in Týn nad Bečvou showcasing sculptures, jewellery, and weapons. At the end of August, thousands of people come each year to watch the blacksmith masters at work. [www.hefaiston-helfstyn.cz](http://www.hefaiston-helfstyn.cz)



Photo: Archive Ode to Carriages

## Josefkol

The art and craftsmanship of wheelwrights, carriage makers and many other traditional craftsmen are presented each year at the Josefkol festival. It takes place at the English garden surrounding the castle in Čechy pod Kosířem. The festival programme shows the audience the masters of various disciplines whose skills are necessary when renovating historical carriages. Their performances alternate with a parade of restored carriages used to transport bishops and common people and dozens of horses accompanied by drummers and jugglers.



Photo: Archive OLK

## Advent Markets in Olomouc

The Christmas market in Olomouc has gained great fame, and people come to enjoy it from all over Moravia. They are attracted by the festive atmosphere, historical decorations, feats of gastronomy, the omnipresent sweet smell of hot punch and a rich cultural programme. Approximately eighty kiosks also offer traditional Christmas products and handmade items. [www.vanocnitrhy.eu](http://www.vanocnitrhy.eu)

Photo: Archive Statutární město Olomouc



## Olomoucké Tvarůžky Cheese Festival

The most famous cheese delicacy of the Olomouc Region has recently been in the spotlight of a respectable festival celebrating its uniqueness and Czech roots. The cheese festival takes place in the Upper Square of the capital of the Haná Region at the end of April. In addition to tasting the ripened fragrant cheese in all its forms, the festival also plays host to regional breweries and a rich cultural and gastronomic programme. [www.tvaruzkovyfestival.olomouc.eu](http://www.tvaruzkovyfestival.olomouc.eu)



Photo: Archive OLK

## Olomouc Half Marathon

Since 2010, thousands of people have been taking to the streets of Olomouc to race against time and among themselves as part of the Olomouc Half Marathon. The bravest and fittest challenge themselves on a distance of twenty-one kilometres, while others dare to run half or a quarter of the distance in relays. Even the little ones can get a taste of the great feeling of a medal around their necks in the family run. As always, it is a celebration of sport and health and a colourful spectacle that floods the entire city [www.runczech.com](http://www.runczech.com)



## Olomouc Flora

A breathtaking array of flowers of all shapes and colours. That is the exhibition with more than a fifty-year history, whose fame has spilled beyond the Czech borders, and attracts tens of thousands of visitors. It usually takes place in three stages: spring, summer, and autumn. The festival uses imaginative displays in the exhibition pavilions and freely blends into the surrounding Smetana Gardens, where it expands into a horticultural market. [www.flora-ol.cz](http://www.flora-ol.cz)

## Panning for Gold

What's it like to find a little piece of gold among the gravel and sand? It is certainly a genuine and intoxicating feeling that you can experience in the Open Air Gold-Digging Museum in Zlaté Hory. Every August, there is the popular gold panning competition to win the Golden Pan, and it also hosts the recurring Czech and Slovak championships in gold panning. The Olešnice River has been collecting gold in its deposits for millions of years, and even though most of it has already been mined, it is still worth trying your luck or watching the best Czech gold miners compete. [krajpokladu.cz](http://krajpokladu.cz)



Photo: Archive Zlaté Hory

## Important Events by Date

### FEBRUARY

#### Carnival

We invite you to join the carnival revelry full of unforgettable experiences, delicacies for meat lovers and frolicsome masquerades, which takes place in Olomouc, Sternberk, and other places in our region.

### APRIL

#### Olomoucké Tvarůžky Cheese Festival

[tvaruzkovyfestival.olomouc.eu](http://tvaruzkovyfestival.olomouc.eu)

#### Academia Film Olomouc (AFO)

[afo.cz](http://afo.cz)

#### Olomouc Flora

[www.flora-ol.cz](http://www.flora-ol.cz)

### MAY

#### Dvořák's Olomouc

[www.dvorakovaolomouc.cz](http://www.dvorakovaolomouc.cz)

#### Theatre Flora

[www.divadelniflora.cz](http://www.divadelniflora.cz)

#### Opening the Spa Season in the Priesnitz Spah

[www.priessnitz.cz](http://www.priessnitz.cz)

#### Bílý Kámen Military Area

[bilykamen-libava.cz](http://bilykamen-libava.cz)

### JUNE

#### ME Ecce Homo

[www.eccehomo.cz](http://www.eccehomo.cz)

### JULY

#### Lavender Festival

[www.levandulovystatek.cz](http://www.levandulovystatek.cz)

#### Golden Days

[krajpokladu.cz](http://krajpokladu.cz)

#### Celtic Night

[www.keltska-noc.cz](http://www.keltska-noc.cz)

### AUGUST

#### International Folklore Festival in Sumperk

[www.festivalsumperk.cz](http://www.festivalsumperk.cz)

#### Jeseník Marathon

[jesenickymaraton.cz](http://jesenickymaraton.cz)

#### Gold Panning Competition to win the Mayor's Golden Pan

[krajpokladu.cz](http://krajpokladu.cz)

#### SEPTEMBER International Music Festival of Carl Ditters von Dittersdorf

[www.festivalditters.cz](http://www.festivalditters.cz)

#### Ecce Homo historic

[www.eccehomo.cz](http://www.eccehomo.cz)

#### Ethnographic Year Folklore Festival

[www.velkabystrice.cz](http://www.velkabystrice.cz)

#### Travelling Gathering of Hanáks

[setkanihanaku.cz](http://setkanihanaku.cz)

#### OCTOBER The Czechoslovak Jazz Festival

[jazzcz.cz](http://jazzcz.cz)

### Flora

[www.flora-ol.cz](http://www.flora-ol.cz)

### NOVEMBER

#### Blues Alive

[www.bluesalive.cz](http://www.bluesalive.cz)

### DECEMBER

#### Christmas Market

Olomouc and other towns in the region

[www.vanocnitrhy.eu](http://www.vanocnitrhy.eu)

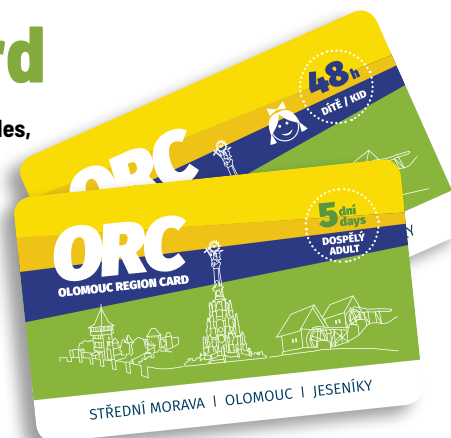


# Olomouc region Card

This is a tourist card entitling you to visit points of interest – castles, chateaus, museums, zoos, etc. – in Olomouc, Central Moravia, and the Jeseníky Mountains free of charge. In addition, attractive discounts apply to other places of interest.

You can buy the Olomouc Region Card for 48 hours or 5 days. Both cards can also be purchased for kids (up to and including the age of 15). The card can be purchased in both physical (plastic) and digital form.

For more detailed information, please visit:  
[www.olomoucregioncard.cz](http://www.olomoucregioncard.cz).



To make the best out of your Olomouc Region Card, see a lot and have great fun, we have prepared several tips for trips, including a calculation of how much you can save.

## In Search of True Gems

Enjoy a marvellous two-day trip to Olomouc with your family and discover the most beautiful sights. Plus, if you use the **Olomouc Region Card**, you will also make your wallet happy.

The capital of the Haná region is often called a hidden jewel. You can begin exploring the city by a tour of the representation halls of the **Archiepiscopal Palace**, where Ferdinand I of Austria abdicated the Austro-Hungarian throne. From there, walk to the nearby **Museum of Modern Art**, whose exhibitions resonate across Central Europe. After the museum tour, you will surely be hungry, so head to the **St. Wenceslas minibrewery** for lunch. It is just a short walk away, and they have excellent beer.

To walk off the full belly, join one of our knowledgeable guides for an hour-long tour of Olomouc (**Olomouc in a Nutshell**) to explore the historical sights in the city centre. Then you can change the scenery to something more exotic and visit the **greenhouses in Smetana Gardens**. After a day full of fun, you can end on a cultural note with a performance at the **Moravian Theatre**. It is only a fifteen-minute walk from the **Palác Hotel** while enjoying a beautiful view of the Cathedral. And if your feet have given up on you, you can take the tram.

## Visit the Helfštýn Castle and the Caves

Enough of the city life; let's head out. The best destination is the medieval **Helfštýn castle** with an indoor palace, which won several architectural awards for its bold modern roof. On the way, stop at the **Comenius Museum in Přerov**.

Join a guided tour telling you about the sights of Hranice, the technicalities of the bold move to roof the castle's palace and the magnificent synagogue. Then head to enjoy the eerie **Zbrašov Aragonite Caves** and the **Hranice Abyss**. You can explore the depths of the abyss at the Information Centre thanks to the perks of virtual reality.

If you buy the **Olomouc Region Card**, valid for 48 hours for the price of CZK 600 for two adults and a child, **you will save nearly CZK 2,400** on entrance fees, accommodation and meals during your "In Search of True Gems" two-day trip. That's a bargain, right?



**FREE** Greenhouses in Smetana Gardens



**FREE** Hranice Abyss



**FREE** Helfštýn Castle



**FREE** Vincenz Priessnitz Spa, Jeseník

## The Unique Town of Jeseník and Its Surroundings

Take a breath of fresh and clean air by taking a two-day trip to Jeseník. Using the **Olomouc Region Card**, you will get free entry to most of the places.

The main sight of the town is the famous spa of Vincenz Priessnitz. So take the bus outside the city and walk along the colonnade. Later you can enjoy a **game of disc or adventure golf**. If your children are too young for these games, they will surely enjoy a ride in the **spa train "Lázeňáček"**. Your older offspring will have a great time in the **Vincenz Priessnitz Museum**, where they will learn about the life of the famous founder of hydrotherapy. Then tour the **Na Pomezi Caves**, the largest marble caves in the Czech Republic.

## Second Day of the Jeseník Trip

The north part of the Olomouc Regions is infamously known for witch trials, so gather your courage and head to the **Jeseník Museum of History** housed in the interesting **Water Fortress**. You can visit an impressive exhibition dedicated to this dark period of time. While you're here, take a look at the remarkable multimedia exhibition **The Time Spiral of Earth**.

A visit to the nearby Česká Ves village will be to every boy's delight. Still, everyone who loves beauty will appreciate the graceful and sleek shapes of the antique cars in the **Vintage Car Museum**. In Lipová-lázně village, head to the **Johann Schroth's Museum**, which will tell you the story of this innovative healer prescribing wine drinking as a remedy.

If you buy the **Olomouc Region Card**, valid for 48 hours for the price of CZK 600 for two adults and a child, **you will save nearly CZK 1,400** on entrance fees during this two-day trip.



**FREE** Vincenz Priessnitz Spa, Jeseník



**-18--22%** Na Pomezi Caves

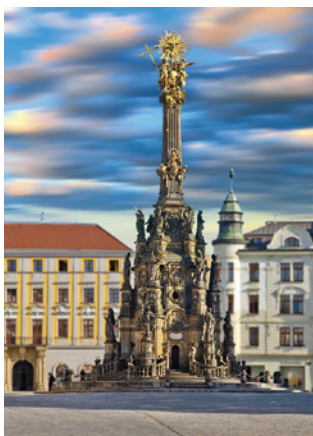


**FREE** Expozice Čarodějnické procesy



# The Thousand-Year-Old Beauty

For centuries, Olomouc was one of the most important royal towns in the Czech lands. As a seat of bishops and archbishops and home to the second oldest university, it was considered a centre of learning. In recent years, it has become known as a hidden gem beckoning to be discovered. The Holy Trinity Church, a UNESCO World Heritage Site, towers over its Upper Square. In addition to the enchanting beauty of its historical monuments, Olomouc very much remains a lively city with outgoing people and an authentic atmosphere.



Holy Trinity Column

## ■ Holy Trinity Column

It is probably the most famous monument in Olomouc. It took local sculptors and stonemasons almost forty years to complete this magnificent monument, which was finalised in 1754. Since 2000, the Baroque masterpiece and the tallest sculpture in the Czech Republic has been a UNESCO World Heritage Site and a landmark of the historical capital of the Haná region. The column is 32.2 metres high and is decorated with 18 statues of saints with a gilded copper sculpture of the Holy Trinity on top. There is a small chapel at the base, which is accessible during peak

season. The Baroque atmosphere of the town is completed by the Marian Column in the Lower Square, which was built after the plague epidemic in 1715 and consists of statues of eight saints and the Virgin Mary. [tourism.olomouc.eu](http://tourism.olomouc.eu)

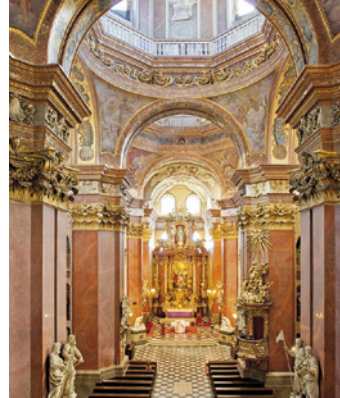
## ■ Town Hall

For six centuries, the Upper Square has been dominated by the Town Hall. The foundation stone of the then-Gothic structure was laid in 1378. The majestic building can be spotted from far away thanks to its 75-metre-high tower, which



Town Hall, photo: Archive OLK

St. Michael's Church



offers breathtaking views of the historical centre. After its renovation, the Town Hall is the pride and joy of the city, and its historical astronomical clock dating back to 1419 attracts the attention of many visitors. It has changed its appearance several times: first to Baroque, then Neo-Gothic and then, after it was damaged in the last days of WWII, it was modified in the spirit of socialist realism by Karel Svoboda, a native of nearby Holy Hill (Svatý Kopeček). Every day at noon, the figurines are set in motion, and the chimes play local folk songs. [tourism.olomouc.eu](http://tourism.olomouc.eu)

## ■ Olomouc Fountains

Each fountain is different, and together, they form a set unique in Europe. You can see all six Baroque fountains by taking a walk around the centre of the city, through the historical squares and romantic narrow lanes. Of the greatest artistic value is the Caesar Fountain in the eastern corner of the Upper Square, depicting the mythical founder of the city, Gaius Julius Caesar. The first fountain to be built was the Neptune's Fountain in 1683. Its author, sculptor Michael Mandík, depicted the god of water with a trident pointing to the ground as the protector of the city. Then the Hercules, Jupiter and Triton Fountains followed, and the last one completed was the Mercury Fountain in 1727. In the new millennium, the youngest Arion Fountain was added by Olomouc native Ivan Theimer, whose mythological theme complemented the Baroque fountain set. [tourism.olomouc.eu](http://tourism.olomouc.eu)

Photo: Archive OLK



Olomouc Castle and St. Wenceslas Cathedral

## ■ Olomouc Churches

The city takes pride in its beautiful churches that co-create its panorama on the outside and guard true treasures on the inside. The Neo-Gothic Cathedral of St. Wenceslas on the grounds of Olomouc Castle, with its three pointed towers, rises above them all. The highest tower is more than a hundred metres high and contains the nearly eight-tonne bell called Václav, the largest one in Moravia. The domes of the Baroque Church of St. Michael can't deny the Italian origin of its architect. The Church of St. Moritz is the largest Gothic church in Moravia, providing sanctuary for four thousand worshippers. This unique parish church contains the largest organ in Central Europe, constructed by Michael Engler in the 18th century. The Baroque Hradisko Monastery, today serving as a military hospital, is visually connected to the Basilica Minor on nearby Holy Hill (Svatý Kopeček). [tourism.olomouc.eu](http://tourism.olomouc.eu)

## ■ Olomouc Castle

The castle is situated on Wenceslas Hill, and the first written mention dates back to 1055 in the Cosmas Chronicle. It underwent great development under Bishop Jindřich Zdík, who built the palace in 12th century, which is why it became known as Zdík's Palace, and it is the only Romanesque monument in the town. Zdík also completed the neighbouring St. Wenceslas Cathedral, which is now rebuilt in Neo-Gothic style. The Olomouc Castle made history on 4 August 1306 when Wenceslas III was assassinated here, and the death of the 16-year-old Czech king led to the extinction of the Přemyslid dynasty by the sword. [tourism.olomouc.eu](http://tourism.olomouc.eu)

## ■ Archdiocesan Museum and Museum of Art

The castle grounds are complemented by the residence of the chapter deans,



Archiepiscopal Palace

which houses the Archdiocesan Museum. It was ordered by Pope John Paul II and is the first Czech museum to deal with spiritual culture. It presents unique exhibits from the history of the Olomouc Archdiocese. A picture gallery shows marvellous paintings collected by Olomouc bishops since the 16th century. The Archdiocesan Museum is part of the Olomouc Museum of Art, which mostly exhibits 20th and 21st century art and culture. [www.muoa.cz](http://www.muoa.cz)

## ■ Archiepiscopal Palace

Olomouc has been the seat of bishops for nearly a thousand years, and the Archiepiscopal Palace underlines its exceptional role in the Roman Catholic Church in our lands. It is still alive, and for centuries, it has been serving its function as a stage for important milestones in European history. On 2 December 1848, Ferdinand I of Austria abdicated and passed the throne to Franz Joseph I. The palace also hosted other important figures, such as Empress Maria Theresa, presidents Tomáš Garrigue Masaryk, Edvard Beneš, Václav Havel, and Pope John Paul II. This Baroque masterpiece is open to visitors during the peak season. If you join the guided tour, you can walk through the representation halls, and you will learn why the palace is overshadowed by another building when viewed from the street. [arcibiskupskypalac.cz](http://arcibiskupskypalac.cz)

EXTRA TIP

## Film Locations

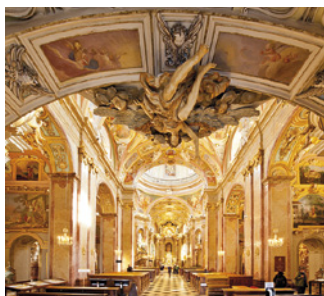
The photogenic backdrops of the second-largest urban conservation area attract many filmmakers. Films such as Doctor Zhivago, The Rapid Arrows, and more recently The Quartette, Velká premiéra, Poslední útek Jeronýma Pražského or the detective series Případ pro exorcistu and Modré stíny and many others were filmed here.



## ■ Olomouc Fortress

Favourably located on the Morava River and trade routes, Olomouc was an important centre in the Middle Ages, and it needed to be fortified. In the 17th and 18th centuries, Empress Maria Theresa instructed that the town be turned into one of the most sophisticated bastion fortresses in the Habsburg monarchy. This helped the town in defence against the Prussians in 1758. In the spirit of developing military architecture, it added a wreath of outpost forts in the 19th century to keep the enemies further away. The remains of the original bastion fortress with the Theresian Gate, Theresian Armoury and the Crown Fortress form a living museum of the town's military history to this day. The Radikov, Křelov, and other forts are publicly accessible only on special occasions.

[www.pevnostolomouc.cz](http://www.pevnostolomouc.cz)



The Basilica Minor on Holy Hill

## ■ Olomouc ZOO

The Olomouc Zoological Garden cares for more than 1,700 animals. You can walk through the pavilions or even take a safari excursion train. It will take you among the ibex, deer, bison, oryx and Hudson Bay wolves. The biggest attractions include a large herd of giraffes, grand accessible aviaries, a bat pavilion and marine aquariums with coral reefs and tanks with sharks and rays. Another tourist attraction is a 32-metre-high observation tower. Located on Holy Hill (Svatý Kopeček), the zoo is one of the most visited destinations in the Olomouc Region, and its extensive grounds fit into the surrounding nature. It is also very accessible by public transport.

[www.zoo-olomouc.cz](http://www.zoo-olomouc.cz)



Olomouc ZOO (2x)



Čech Gardens

## ■ Green Ring of Parks

A trio of spacious parks was created in the formerly swampy land outside the city walls to compensate for the lack of countryside for the inhabitants of the city enclosed inside the fortress. Today, the Čech, Smetana and Bezruč Gardens create a remarkable green belt around the historical centre and are perfect for romantic walks and also for the Flora Horticulture Exhibitions, which have made Olomouc famous throughout the Czech Republic and abroad. From the Bezruč Gardens, or alternatively from Křižkovského Street, you can enter the Historical Gardens on the town walls offering a unique experience. Originally private gardens of canons' residences and of the Minorite Convent, the gardens are now administered by the Faculty of Arts of Palacký University in Olomouc.

[www.flora-ol.cz](http://www.flora-ol.cz)



Olomouc ZOO (2x)



Rose Garden

## ■ Botanical and Rose Garden

The Botanic and Rose Garden were created in the 1960s on the site of the original city wall. The Morava River separates them from the Bezruč Gardens, creating a romantic and secluded area full of charm. The Rose Garden grows ten thousand rose bushes, including many rare varieties. Since 1979, the terrace of the fortress wall has been planted with a rock garden with exotic bushes. There is a unique space designed especially for the blind and visually impaired visitors called the Garden of Senses, where people can enjoy the greenery by touch, smell, and hearing. Families with children will appreciate the shallow pools perfect for summer frolicking. The gardens also offer toilets, refreshments and shaded seating. [www.flora-ol.cz](http://www.flora-ol.cz)

## ■ Fort Science

On the well-preserved grounds of the Crown Fortress, there is a historical building with a wooden structure. It used to house artillery ammunition, but today it stores scientific facts, physical phenomena, and chemical experiments. Now it serves as an interactive science centre Fort Science which welcomes all curious souls of all age groups. The Living Water exposition describes the fascinating underwater world. In another exposition, you can walk through a brain model or solve giant puzzles. The Light and Darkness exposition shows you the essence of radiating light, which you can use to create an electric current or play a musical instrument. [www.pevnostpoznani.cz](http://www.pevnostpoznani.cz)



Fort Science, photo: Archive OLK

## ■ Veteran arena Olomouc

Elegant curves, original engines and unique charm. The Veteran Arena Olomouc will take you back to the interwar times when car and motorcycle engineers were more like artists. It houses the largest comprehensive collection of Wikov models from Prostějov and "Z" cars produced in Zbrojovka Brno. It is a heaven for those who love historical motorcycles of brands such as Jawa, Praga, ČZ, Breitfeld & Daněk, Čechie-Böhmerland or Indian. The most unique objects are the Czechoslovak aerodynamic vehicle Wikov 35 Kapka, Jan Masaryk's Praga Grand, Tatra 75 Sport, once owned by the interwar actor Hugo Haas or a collection of pre- and post-war English sports cars.

[www.veteranarena.cz](http://www.veteranarena.cz)



Veteran arena

## ■ Regional Museum in Olomouc

You can have fun discovering the secrets and laws of nature in the Nature of the Olomouc Region exhibition. The interactive elements allow visitors to touch, try, or listen to all parts of nature that surround us. You will get to know a landscape which rises from the lowlands of around 200 metres above sea level to the summit of the Praděd Mountain at 1,492 metres. The Regional Museum offers many more interesting exhibitions, such as Olomouc - Fifteen Centuries of the City, Herbarium, The Story of Stone, or the exhibition of the Hanakian giant Josef Drásl who lived in the 19th century and was proven to be 241 centimetres tall. [www.vmo.cz](http://www.vmo.cz)



Exhibitions about the City's History

## Top Attractions

### ■ Walking Tours of Olomouc

There are hour-long guided tours that take you through the city, taking place four times a day from 23 June to 9 September. More information is available at the Information Centre in the Town Hall arcade.

### ■ Boat Cruises

You can also observe the beauty of Olomouc from a different perspective, by taking a cruise with a motorboat along the Morava River. For more information [www.plavbyolomouc.cz](http://www.plavbyolomouc.cz).

### ■ Olopedal

Experience original sightseeing rides through the historical town on the Olopedal, a pedal car for up to twelve people. Read more at [www.oloslap.cz](http://www.oloslap.cz).

### ■ Proud Rope Climbing Centre

The rope climbing centre takes you on an adventure high above the ground. It also has a giant adrenaline swing and an entertainment zone with attractions for schoolchildren. [www.lanovecentrum.cz](http://www.lanovecentrum.cz)



### ■ Moritz Brewery

A combination of Hanakian malt and hops from Žatec. The Moritz Brewery brews its beer right there in the centre of its restaurant. And it is by far not the only one. There are plenty of microbreweries to choose from around Olomouc.

## Tips for Swimming

### ■ Swimming Centre

Indoor 50-metre swimming pool, water slide, children's pool, whirlpool and steam room for relaxation. The swimming centre in Olomouc also offers a summer outdoor area with a large swimming pool and entertainment area. [www.bazen-olomouc.cz](http://www.bazen-olomouc.cz)

### ■ Poděbrady

Lake Poděbrady offers the possibility of swimming in nature only a few kilometres from Olomouc. The facilities include a restaurant, toilets, parking and a nudist beach.

### ■ Aquapark Olomouc

It stretches over two hectares and comprises an outdoor summer area and a roofed indoor area with year-round operation. [www.aqua-olomouc.cz](http://www.aqua-olomouc.cz)





# Haná, a Region Blessed by God

Bouzov Castle

**Golden meadows stretching to the horizon are typical of this heaven-like region. However, if you look closely, you can also find fairytale-like castles and chateaus (like the one in Bouzov) and the eerie world of the Mladeč and Javoříčko Caves. Thanks to its fertile soil, Haná is known as a rich agricultural region. It is also famous for its diverse gastronomy, dominated by the typical ripened cheese of distinct aroma. "Olomoucké tvarůžky" cheese is the only originally Czech cheese, which is served in many different forms all around the region. It also goes well with the excellent local beer.**

## ■ Bouzov Castle

Once you see the red roofs and towers of the Bouzov castles sticking out of the wavy landscape, you'll feel like you're in a fairytale. It's not just you; this beautiful castle is also beloved by filmmakers who use it as a backdrop for tales of love that conquers all. It was used to film the Italian romance adventure Fantaghirò as well as Czech

fairytale, such as Arabella se vrací and O princezně Jasněnce a létajícím ševci. The castle stood here as early as the 14th century, but its current medieval appearance is the result of its Romantic Gothic makeover at the turn of the 19th and 20th centuries associated with Archduke Eugen of Austria and the Teutonic Order. You can choose from several guided circuits, and there

is also a special children's route with the Scarlet Man, a fairytale character. There is a historical theme park near the castle where you can try out working replicas of old weapons or walk up an observation tower in the shape of a giant Trojan horse. [www.hrad-bouzov.cz](http://www.hrad-bouzov.cz)

## ■ Loštice, the town of Olomoucké tvarůžky cheese

The town of Loštice is famous for its long-standing tradition of making this mature cheese. There is an entire museum dedicated to the only cheese with Czech roots, and you can learn all about its history dating back to the 15th century. The cheese museum will tell you the story of the Wessels family and screen documentaries about the production and history of this unique cheese. The tour ends in the cheese shop offering a wide range of delicacies to take home with you. You can also try the cheese in the "Cheese Patisserie", making cheese delicacies look like traditional Czech sweets or other local restaurants, which definitely have this cheese on the menu. [www.tvaruzky.cz](http://www.tvaruzky.cz)



Museum of Olomoucké tvarůžky A.W.



Javoříčko Caves

## ■ Javoříčko Caves

About ten kilometres west of Litovel, you will discover the hidden world of the Javoříčko Caves. The extensive underground system was created by the Špraněk stream eroding the Devonian limestone islet. The caves are six-kilometres long, but only 790 metres are accessible to the public. However, it is enough to prove that the stalactites are some of the most beautiful in the Czech Republic. You will see the sixty-metre-deep Lion's Den, the Giant's Dome – the first entry point of the cave explorers in 1938 – and much more. The caves are also the largest Czech wintering grounds for bats and horseshoe bats. While there, you can also walk up to the nearby Petrified Castle, which offers a beautiful view of a massive rock gate. [www.caves.cz](http://www.caves.cz)

## ■ Mladeč Caves

The limestone hill of Třesín in the Litovelské Pomoraví protected area hides the Mladeč Caves, which, apart from their karst decor, are also famous as an excavation site where the skeletons of prehistoric people were found. It is the site of the largest and oldest settlement of the Cro-Magnons in Central Europe, who lived here more than 31

Mladeč Caves



thousand years ago. The evidence of Early Stone Age life is commemorated by an impressive exhibition in the Dome of the Dead, showing an ancient burial ritual. From over a kilometre-long system of corridors and cave halls, only 380 metres are accessible to the public. The most beautiful and almost intact parts of the Mladeč Caves are the Nature's Temple and Virgin Cave. [www.caves.cz](http://www.caves.cz)

## ■ Romantic Grounds Nové Zámky

The rare nature of the Třesín Hill and the meandering Morava River inspired the noble Liechtenstein family to build small architectural structures nearby the area of Nové Zámky. They were created by the same architect who worked on the Lednice-Valtice Cultural Landscape, Josef Hardtmuth. The summer palace named Temple of Friendship, with a round vault and beautiful view of the Morava River, has been preserved to this day. A little further on, you will discover an 18-metre-tall obelisk, the mysterious stone Devil's Bridge and remains of the Knight's Hall, from where you enjoy a beautiful view of the chateau.



Litovelské Pomoraví

## ■ Litovelské Pomoraví Protected Area

Between Mohelnice and Olomouc, along the Morava River, you can find a rarely preserved piece of nature. Each year, the spring snowmelt raises the level of the river, which spills into hundreds of blind channels and pools,



**EXTRA TIP**

## Bílá Lhota Arboretum

You can see both native but also rare European and exotic trees. The park holds more than 300 species of trees. The arboretum was established around the year 1700, and several of the trees planted at that time still grow there today.

Litovel

providing essential nutrients. The unique ecosystem of the unregulated stream is inhabited by many rare species and forms the Litovelské Pomoraví protected area. You can reach it by foot following marked hiking trails, or you can mount your bicycle and use the flat paved forest paths. There are several cycling paths, including the Moravian Trail. The historical town of Litovel, with its fine gastronomy and excellent beer, lies in the heart of this natural area. [litovelskepomoravi.nature.cz](http://litovelskepomoravi.nature.cz)

## ■ Litovel

Here, the Morava River branches out into six channels, which is how the town got its nickname "the Venice of Haná". Or do you know of any other Czech town which can say that a river flows right under the main square? You can also climb the 65-metre-tall town hall tower and pay tribute to the invincible wrestler Gustav Frištenský, who conquered thousands of opponents but couldn't resist the charm of the local brewer's daughter and settled down here. Litovel is still famous for its beer today, and you can discover its secrets during regular excursions into the local brewery organised every weekday. Visit the Museum of Accordions, which displays more than 330 accordions and diatonic button accordions (heligonka) made by 40 different Czech manufacturers, making it a unique collection for entire Central Europe. You can also walk up to the St. John's bridge, a stone structure with seven arches, the oldest bridge in Moravia, which was built in 1592. [www.litovel.eu](http://www.litovel.eu)





Sluňákov

### Sluňákov ORC

In order to get a hands-on experience in nature conservation, the Sluňákov Centre for Ecological Activities was established near the Horka nad Moravou village. It is housed in a low-energy architectural marvel, and it regularly hosts programmes for schools and families. It is surrounded by the open-air gallery of the Litovelské Pomoraví House of Nature, which creates a composed landscape with reference to English Romantic parks. It is freely accessible; therefore, it has become a sought-after destination for family outings. On the site, there are structures built by famous Czech artists, such as The Garden of Eden of Plants and Animals, The Solar Mountain, or The Forest Temple, as well as unconventional playground elements. [slunakov.cz](http://slunakov.cz)



Haná Open Air Museum in Příkazy

### Haná Open Air Museum in Příkazy

The museum reminds us of how traditional farmers used to live and how they worked. You can find it in Příkazy, just a few kilometres from Olomouc, in an area of a former farm called Kameníček's Homestead from the late 19th century. The site comprises two-hundred-year-old barns, a testimony of local earthen folk architecture. Another barn was added from the area of Skalička near Hranice, the oldest Czech barn, whose most precious features date back to 1555. There is a residential and agricultural area, a garden with fruit trees, and a collection of old tools and machines used in the region. In addition to guided tours, the museum also holds traditional events and folklore festivals. [www.nmvp.cz/prikazy](http://www.nmvp.cz/prikazy)



Haná Open Air Museum in Příkazy

### Slatinice Spa ORC

The spa has unique mineral springs rich in sulphurated hydrogen that have been beneficial to patients in Slatinice for several centuries and is justly nicknamed "the oldest spa in Moravia". It is housed in a historical building built by the Liechtenstein family in 1733 and continues to care for its guests until this day. People visit the spa not only for treatments but also for relaxation, and they appreciate the family and intimate environment of the small Hanakian village and the beautiful landscape of the Velký Kosíř area. The healing water spring from the St. John and St. George spring directly to the spa area has a beneficial effect on our joints, nerves, circulatory system, post-op recovery processes and many other ailments. You can have a taste of it from the spring of Jan Adam of Liechtenstein in the freely accessible spa garden. [www.lazneslatinice.cz](http://www.lazneslatinice.cz)



Slatinice Spa



### Cruising the Morava River

The Morava River is one of the few year-round navigable rivers in the Czech Republic. Even though not as often frequented by paddlers as some other Czech rivers, it has a lot to offer. In the upper part of

the river, from Hanušovice to Olomouc, there are companies, such as IN LIFE or Tydra, offering boat rentals. There are also pickup points and campsites, which allow you to turn your boating experience into a multi-day adventure. The most beautiful section is when the river meanders through the beautiful scenery of the Litovelské Pomoraví protected area. You can also use the services of Peřej Tours company, rent a raft and view the sights of Olomouc, such as the St. Wenceslas Cathedral or Archiepiscopal Palace, from an unusual perspective. [www.in-life.cz](http://www.in-life.cz), [www.tydra.cz](http://www.tydra.cz), [www.perej.cz](http://www.perej.cz)



Vintage Car Museum Slatinice

### Vintage Car Museum Slatinice ORC

You can admire the sleek beauty of vintage cars and motorcycles at the Vintage Car Museum in the spa town of Slatinice. It is located in a renovated farmhouse, and it houses a collection of Mercedes Benz vehicles, BMW motorcycles and KdF military machinery, mainly from the 1930s. Other points of interest include period scenes from Olomouc, a car shop with a petrol station from the early 20th century, a village barn with an antique car "stashed" under straw and a collection of antique agricultural tools. The rarest object displayed is the Mercedes Benz 200 Cabrio. [www.veteranmuseum.cz](http://www.veteranmuseum.cz)

### Museum of Historical Carriages in Čechy pod Kosířem

This museum, with an unparalleled collection, takes you back centuries into the past. It was established by Václav Obr, who has been restoring and repairing rare vehicles and carriages for several decades and managed to save a number of them from destruction. The collection includes the largest mourning carriage of all time, a display of travelling carriages and a rare Landau carriage found in a state of serious disrepair. It took a year and



Museum of Historical Carriages

a half to repair it but then it starred in a film about Empress Elizabeth of Austria, nicknamed Sisi. The most valuable object is the "Golden Coach" made in France in 1750. The museum includes a visit to historical sleighs and lanterns as well as a restoration shop. [www.historickecocary.cz](http://www.historickecocary.cz)



Firefighters' Museum

### Firefighters' Museum in Čechy pod Kosířem ORC

The museum exhibits document the development of the equipment of the fire service, from manually driven machines and fire engines pulled by horses up to modern high-performance machines with impeller pumps driven by petrol engines. The museum tells the fascinating story of the successful family business of the brothers Smekal that started with buckets coated in hot pitch and worked their way up to being the oldest fire machinery producer in Austro-Hungary. Back then, it included its own weaving mill for fire hoses and, before the end of the 19th century, it also had its own steam power plant, one of the first ones in Moravia. The former factory building now houses firefighting exhibits documenting the now obsolete crafts of working with brass, copper, harnesses, straw and more. [www.cechypk.cz](http://www.cechypk.cz)

## We recommend...

### Moravian Trail

The Moravian Trail leads cycling enthusiasts across Moravia from north to south. One of the most popular sections runs through the Litovelské Pomoraví protected area between Mohelnice and Olomouc. Following the Morava River, you can continue to the city of Kroměříž with its beautiful gardens and Archbishop's castle, which are a UNESCO World Heritage Site. [www.moravskastezka.cz](http://www.moravskastezka.cz)

### Haná Trails

In Mostkovice near Prostějov, the bikers themselves built the Haná trails, a trail centre with a comprehensive network of one-way trails designed to have fun while biking downhill. The trails with switchbacks, benches and jumps are divided according to their difficulty for both beginner and experienced bikers.



Hlubocký Resort

### Hlubocký Resort ORC

In winter, the popular family ski resort comes to life, accompanied by a municipal ice rink with an artificial ice surface, all within easy reach of the regional capital. In the summer months, the resort offers a 1.5-kilometre-long bobsleigh run with a stainless steel track, bridge, tunnel, and two carousels. [skiarealhlubocky.cz](http://skiarealhlubocky.cz)

### Hrubá Voda Resort ORC

Just a few kilometres away, you can find the Hrubá Voda Resort with a four-seater chairlift and four slopes of different difficulty levels. In summer, it is also equipped with a bobsleigh and tubing track, nature trails and a children's park with climbing frames, hurdles, water features and other attractions. [resorthrubavoda.cz](http://resorthrubavoda.cz)



Hrubá Voda Resort





Čechy pod Kosířem Chateau

### Čechy pod Kosířem Chateau

The classicist chateau, associated with the noble family of Silva Tarouca, is surrounded by a large landscaped park. Josef Mánes was a friend of the family and often visited them at the chateau. The famous Czech painter loved the tranquillity of the area and drew inspiration for many of his most famous works right here. The collection of his

paintings on the walls of the chateau is the largest in the Czech Republic. The visitors also like the exhibition of historical bicycles and the film exhibition of Zdeněk and Jan Svěrák commemorating their famous films. It is also worth visiting the renovated orangery, the chateau gardens with ponds, the Red Tower and Mánes gazebo.

[www.zamekcechy.cz](http://www.zamekcechy.cz)



Náměšť na Hané Chateau

### Náměšť na Hané Chateau

The chateau is situated on a hill overlooking the fertile plains and the nearby city of Olomouc. It was built in the style of early Classicism in 1760 by the Prince of Harrach and is also associated with the important noble Kinský family. At the beginning of the 20th century, it was modernised by the successful iron merchant František Ottáhal. The chateau is surrounded by an unusual circular



Kopaninka Observation Tower



Velký Kosíř Observation Tower

French-style park with linden vistas projecting from the centre in the four cardinal directions. It houses a unique library, twenty richly decorated rooms with furniture of various historical styles with porcelain collections, and two carriages of Olomouc bishops and archbishops. Route A is wheelchair accessible.

### Velký Kosíř and Kopaninka Observation Towers

With its mere five hundred metres, the Velký Kosíř Hill still enjoys the favour of the locals who gave it the witty nickname "the Mont Blanc of Haná". They showed their love with a fundraiser, which was used to build a wooden observation deck with a stone base on its top. The wooded hill has become a popular destination for easy hikes; once you are done with the view from the 25-metre-high deck, you can start a fire at the public campfire ring and roast a snack. Its sister, the Kopaninka Tower, located near the Repechy village, measures only three metres less. It is constructed out of larch wood and a spiral steel staircase. Once at the top, you can view the Drahaný Highlands and, provided the visibility is good, even the Jeseníky and Beskydy Mountains.

[www.kosirsko.cz](http://www.kosirsko.cz),  
[www.pensionlada.cz/rozhledna](http://www.pensionlada.cz/rozhledna)



Plumlov Chateau

### Plumlov Chateau

The tall chateau, with its slim features, towers over the Plumlov Lake and seems like a daring architectural feat. In fact, its construction was initiated by Johann Adam of Liechtenstein, but only one of the four intended wings was built. It took eight years to build it, until 1680, and yet the upper floors of the overly ambitious mansion were not completed. The Liechtensteins later considered demolishing it, but fortunately, this six-storey construction has survived and offers three sightseeing circuits to its visitors. The town of Plumlov is gradually renovating the chateau and uses it as a stage for various cultural events. In the nearby campsite, for example, it annually holds the popular Celtic Night Festival.

### Konice Chateau and Crafts Museum

This Baroque chateau serves as a regional cultural centre and it also houses the Crafts Museum. Its pride and joy is the largest collection of axes in the Czech Republic, which made it to the Guinness Book of Records. It consists of over 800 axes of various types: from forestry and carpentry to butchery, firefighting or for stonework. There is also a replica of the executioner's axe and the biggest carpenter's axe and saw in the Czech lands. It exhibits rich local customs and trades, such as blacksmithing, milling, tailoring, brewing, etc.

[www.mekskonice.cz](http://www.mekskonice.cz)



Konice

## Tips for Swimming

### Náklo Sand Quarry

This big natural swimming pool with permanently clean water is located between Litovel and Olomouc and was created by gravel excavation. There is a wakeboard lift, and several refreshment stands.



Náklo Sand Quarry

### The Koupelky Waterpark in Prostějov

is a summer resort usually open seasonally from June to August. It offers three pools, two water slides and many other smaller slides and attractions.

[www.dsp-pv.cz](http://www.dsp-pv.cz)

### Litovel Natural Swimming Pool

This natural biotope has its water purified by plants and is equipped with slides and other attractions with enough space for swimming.

[www.litovel.eu](http://www.litovel.eu)

### Laškov Biotope

From a former swimming pool, a natural biotope was born. Its clear water invites both seasoned swimmers and kids.

[www.laskov.cz](http://www.laskov.cz)

### Tovačov Lakes

Four large lakes were created near Tovačov by gravel mining, but you are allowed to swim only in the Annin one. Here, the miners have built beaches and easy-access banks.

### Plumlov Reservoir

One of the oldest Czech dams is a popular place for swimming. You can spend your time at the artificial beaches, have something to eat, spend a night in a nearby campsite, rent a boat or cycle around a newly added path around the reservoir.



Plumlov Reservoir





National House Prostějov



Prostějov



Dub nad Moravou

### ■ Prostějov

It is a pleasant town with a historical atmosphere and the ever-present tradition of the textile industry. The main cultural and social centre of the city and its architectural icon is the beautifully renovated National House (Národní dům) in Art Nouveau style by the famous architect Jan Kotěra. When walking through the T.G.M. Square, you cannot miss the New Town Hall with its gorgeous Art Nouveau interiors and a massive square tower, which you can climb to view the town. Prostějov has a rich Jewish history and often gets nicknamed "the Jerusalem of Haná"; however, today, the only relic of the former ghetto is a cluster of buildings called "Špaliček". Other sights that you shouldn't miss include the chateau in Pernštýn square and the Prostějov Museum and Gallery housed in the Old Town Hall. [www.prostejov.eu](http://www.prostejov.eu)

### ■ Green Tree Distillery

The Green Tree Distillery (U Zeleného stromu) is located only a few minutes from the town hall. It dates back to 1518, which makes it the oldest distillery in Europe. The distillery excursion will tell you about its history and the production of the Rye Oldhunter's Selection and other famous alcohol brands. You will also get to see the cellars where hundreds of thousands of litres of famous spirits age in oak and stainless steel barrels. When the one-hour tour is over, you will be offered a tasting and a visit to the distillery shop. [palirnauzelenehostromu.cz](http://palirnauzelenehostromu.cz)

### ■ Zámek Tovačov

Almost one hundred meters high, the „Graceful Tower“ of the chateau rises high above the flat countryside. It is not an easy climb but the view is definitely worth it, since it is situated near the confluence of the Morava and Bečva Rivers and is surrounded by ponds and lakes. The originally Renaissance chateau was modified into its present form in the 19th century, and the tour of the chateau will tell you about all the important owners. It will also show you the original entrance portal of the tower, the chapel, two large halls, and the exhibition on the Prussian-Austrian Battle of Tovačov in 1866. [zamek.tovacov.cz](http://zamek.tovacov.cz)



Tovačov

### ■ Velká Bystřice

The town likes to show the profusion of local folklore during its regular festivals. The cycle path running along the Bystřice River makes it a popular stop or destination for cycling trips. Another attraction is the newly established brewery and traditional cheese production, Tvarg. A little further upstream, the landscape goes wild in the Bystřice Valley Nature Park and its deep rocky valleys, canyons and magical sceneries on both sides of the river. [www.velkabystrice.cz](http://www.velkabystrice.cz)

### ■ Pilgrimage Church in Dub nad Moravou

The two grand towers of the pilgrimage church can be seen from a distance in the surrounding fertile plains. The beautiful Baroque Church of the Purification of the Virgin Mary is often called the Basilica of Haná, and besides pilgrims, it is also often visited by concert-goers. In the gallery, you can find an 18th-century organ, a well-preserved Baroque instrument rare to Moravia. [www.dubnadmoravou.cz](http://www.dubnadmoravou.cz)



Lidový rok, Velká Bystřice, photo: Archive OLK

## Trip Recommendations

### ■ Špacířstejn

It took Zdeněk Procházka ten years to build a stone replica of the ruins of a medieval castle with a three-metre-high circular tower with his own two hands. It is situated near the Lipová village, which is why it was originally named the Lipová Castle. But today, everybody knows it as Špacířstejn.

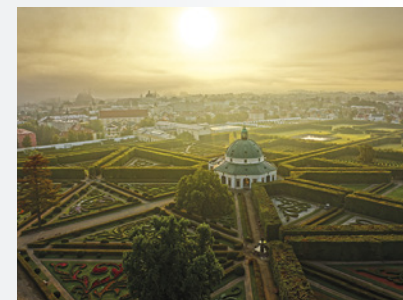
### ■ Bunkr Přáslavice

In Přáslavice, a village near Olomouc, you can find a fully equipped bunker from the 1970s. It is protected by 1.5-metre-thick walls, and it was intended as telecommunications point in the event of a war. [www.bunkrpraslavice.cz](http://www.bunkrpraslavice.cz)

## Trip Recommendations to Visit Our Neighbours

### ■ Kroměříž

Its rich history and culture gave the town the nickname "the Athens of Haná". Or was it the fascinating sights and friendly and pleasant atmosphere, which can be compared to the Greek capital? Well, the best thing is to visit the town and see for yourself. The pride and joy are the Archbishop Castle and the Castle and Flower Gardens, which were inscribed on the UNESCO World Heritage List in 1998. They were created by the bishops and archbishops from Olomouc who used the castle as their summer residence. It is now known for its magnificent representation halls and a picture gallery with the second most important collection of paintings in the country. The Castle Garden is known for its water features and secluded romantic nooks. The Flower Garden with its colonnade, fountains and geometric patterns is inspired by Versailles and yet retains the intimate atmosphere of a paradise on earth. [kromeriz.eu](http://kromeriz.eu)



The Flower Garden Kroměříž

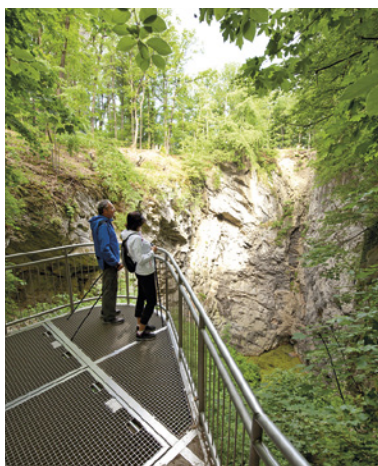


# Moravian Gate

## New Experiences Await You

Helfštýn Castle, photo: Archive OLK

The Moravian Gate will win you over with its extraordinary nature and history. In the stretch of the valley between Přerov and Hranice, you will find the deepest flooded abyss in the world, rare cave systems, pleasant towns with numerous monuments, the medieval Helfštýn Castle and secluded healing spas. Everything is connected by the Bečva River winding naturally through the landscape, which is perfect for cycling trips.



Hranice Abyss

### Hranice Abyss

On the right bank of the Bečva River, at the top of the Hůrka Hill, we can see the mouth of the Hranice Abyss, the deepest flooded abyss in the world. The dry part, as far as the eye can see, goes down 69.5 metres. Then it goes further down underwater, and the total depth amounts to 519.5 metres. However, explorers haven't yet been able to reach the bottom. The abyss still hides its secrets, and even state-of-the-art exploration technology comes up short. You can explore the depths of this natural rarity using virtual reality glasses in the nearby information centre located at the Teplice nad Bečvou train station. [hranickapropast.cz](http://hranickapropast.cz)

### Zbrašov Aragonite Caves

The unique cave system with Europe-wide importance was eroded by hot mineral springs surfacing from great depths. This is why these caves are the only ones in the Czech Republic which maintain a constant temperature of 14.5°C. The remarkable formations are composed of the mineral aragonite, and the site also features raft stalagmites and spherical incrustations known as doughnuts. The lowest underground levels are permanently filled with carbon dioxide. The levels of the poisonous gas are constantly monitored by accurate sensors. Besides the natural cave decorations, the visitors can enjoy the accompanying art exhibitions and special lighting. [www.caves.cz](http://www.caves.cz)



Zbrašov Aragonite Caves



Helfštýn Castle



Helfštýn Castle

### Helfštýn Castle

On a steep hill above Týn nad Bečvou, the Helfštýn Castle has been guarding the Moravian Gate since the end of the 13th century. It is one of the largest castle complexes in Europe. It has survived conquests, looting and demolition and, in recent decades, it has come

back to life and become a popular tourist destination. It is dominated by the Hussite Tower used as an observation tower, and the biggest attraction is the medieval palace awarded for its unique modern roof. Plus, the new bridges allow visitors to access the upper floors of the palace. The castle hosts the yearly Hefaiston Festival, the famous international gathering of artistic blacksmiths, who create works of art in front of thousands of spectators. [helfstyn.cz](http://helfstyn.cz)

### Teplice nad Bečvou Spa

The Kropáč and Jurik springs rise from great depths and bring mineral water to the spa. The healing properties of the water have been utilised since the mid-16th century. Its high levels of carbon dioxide have beneficial effects on the musculoskeletal, nervous and circulatory systems, as well as other ailments. The five spa houses offer a wide range of therapeutic and relaxing treatments using the latest healing trends. In addition, the surrounding area offers opportunities for plenty of leisure activities. [www.ltnb.cz](http://www.ltnb.cz)



Teplice nad Bečvou Spa



Bečva Trail

### Tip for Cycling

#### Bečva Trail

From the headsprings of the Rožnov and Vsetín Bečva Rivers, through their confluence all the way to the point where the Bečva River flows into the Morava River, near Tovačov, the Bečva Trail offers 161 kilometres of an easy ride through the varied river landscapes. There is only a small portion of the trail that runs along low-traffic roads; most of the route, however, can be enjoyed far away from traffic. That is why it is a popular choice for families with children. You can stop along the way to visit beautiful chateaus and interesting museums or take a dip and cool down after the ride. [www.cyklostezkabecva.cz](http://www.cyklostezkabecva.cz)

### Trip Recommendations

#### Partutovice Windmill

In Partutovice, on the edge of the Oder Hills, there is a rare and preserved German windmill from 1837. It is possible to arrange for a tour in advance. Other windmills in the area can be found in Poruba and Skalička.

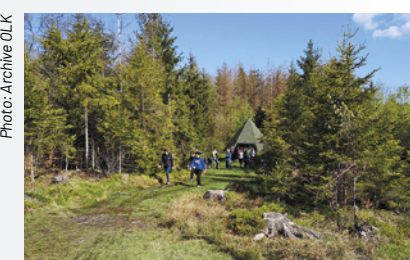


Photo: Archive OLK

#### The Source of the Odra River

In the Oder Hills, near the village of Kozlov, an inconspicuous stream starts its way down the hill. This is where the Odra River starts its 854-kilometre-long journey to the Baltic Sea. Even though the headspring is located within the Libavá Military Zone, you can access it on the weekends and public holidays if you follow the red tourist and nature trail.

Photo: Archive OLK



EXTRA TIP

### Jezernice Viaducts

For those who love technical curiosities, we recommend a trip to the abandoned Slavič railway tunnel and the exceptional Jezernice and Hranice Viaducts built during the construction of the Emperor Ferdinand Northern Railway.







Lipník nad Bečvou



Lipník nad Bečvou

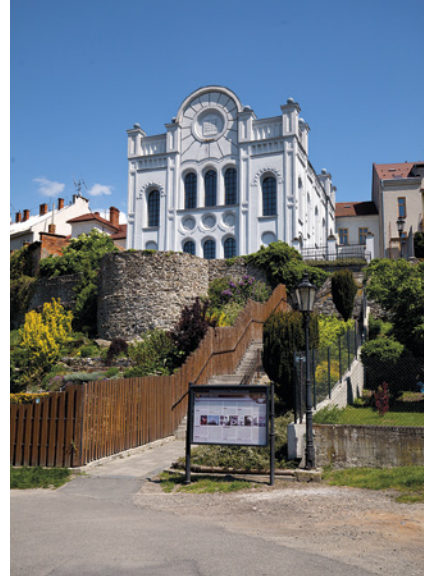
### ■ Lipník nad Bečvou

A picturesque and historical town with Baroque townhouses and an originally Renaissance chateau rebuilt in the Neo-Classical style. The roof of the former stables was modified and turned into a stunning rooftop garden, while you can also take a walk through the beautiful English park surrounding the castle. The core of the town is wrapped in medieval fortifying walls. The oldest synagogue in Moravia and Gutmann's House, which was built by the founders of a successful business family for their poor Jewish fellow citizens, are both embedded into the town walls.

[www.mesto-lipnik.cz](http://www.mesto-lipnik.cz)



Hranice



Hranice, Synagogue



Hranice Castle

### ■ Hranice

An agreeable city on the Bečva River with a historical town centre and conservation area. If you take a walk through the town, you will definitely end up at the Renaissance Castle with a remarkable arcaded courtyard and a bold glass roof. Today, it is the seat of the Town Hall, so don't hesitate to enter the original atrium during office hours. The freely accessible castle garden with an amphitheatre gradually cascades from the castle walls down to the bank of the Bečva River. You can enjoy a rewarding view from the tops of the Old Town Hall Tower from which you can also see the Baroque Church of the Beheading of Saint John the Baptist. The town's rich history is commemorated by the old Jewish cemetery and the impressive Moorish-Byzantine synagogue which now serves as a gallery and concert hall. [infocentrum-hranice.cz](http://infocentrum-hranice.cz)

### ■ Přerov

You can start your walk through the town in the Upper Square with its secluded atmosphere, beautiful townhouses and Renaissance castle. It houses the Comenius Museum, which will introduce you to the work of the world-renowned educator, local nature and ethnography and the archaeological sites near Přerov. The most famous one is the settlement of mammoth hunters in the Předmostí city district which can be reached if you follow a nature trail. It is also worth seeing the preserved town walls and the Tyrš Bridge with the statue of a bison. The mighty beast is a symbol of the town and of an excellent local beer brand. On a weekday, you can tour the brewery, but it is always better to book a tour in advance. [www.prerov.eu](http://www.prerov.eu), [zubr.cz](http://zubr.cz)



Přerov

### ■ Hustopeče nad Bečvou Chateau

The Renaissance chateau is a four-wing building with an arcade courtyard and a lapidarium displaying preserved stone components of the arcades. There are two museums: the Butcher Museum highlights the tradition of the local family business and the Film Museum takes you back to the days where film tapes were cut with scissors and glued

together and transferred to silver screens by noisy projectors. Next to the castle stands the single-nave Gothic-Renaissance Church of the Advancement of the Holy Cross with a set of fourteen Baroque statues. In the Poruba district, you can find a Dutch windmill from 1853. Not far from here, there are large gravel lakes suitable for swimming and fishing.

Hustopeče nad Bečvou Chateau



Jadran Natural Swimming Pool



## Tips for Swimming

### ■ Jadran Natural Swimming Pool

This lake near Lipník nad Bečvou attracts its visitors with its clear water, easy access and grassy beaches.

### ■ Lagoons of Přerov

The Great Lagoon offers the possibility of swimming and sports in a secluded green area near Přerov's city centre.

### ■ Hranice Swimming Centre

The indoor area offers a whitewater river, a rocking pool, a 100-metre water slide, swimming and children's pools and much more. In summer, the outdoor swimming pool is open for visitors of all ages.



Hranice Swimming Centre

### ■ Flooded Quarry in Výkleky

It is located near Velký Újezd, and it is known for its pristine water and the romantic scenery of the surrounding rocks. Swimming is only possible at your own risk.



Photo: Archive OLK





# Jeseníky Foothills from Slopes to Planes

Šternberk Castle

The Jeseníky ridges from the north and the Haná plains from the south. In between, you can find the Jeseníky Foothills with their magical nature and the historical towns of Šternberk, Uničov, Mohelnice, and Zábřeh. The rich history of the area is illustrated by the presence of the Úsov Chateau and Šternberk Castle. The undulating landscape offers ideal conditions for hiking and cycling trips, which pair perfectly with the superb local gastronomy.

## ■ Šternberk ORC

The historical town is guarded by a medieval castle, which was modified by the last owners of the Liechtenstein family in the style of Romanticism. In addition to works of art, it also displays the life of the modern nobility at the beginning of the last century and many tiled stoves. In its immediate vicinity, you can find the Baroque Šternberk Monastery with interactive tours of the historical halls, cellars or a viewing of the rare organ. Šternberk was famous throughout Europe thanks to its hill climb car race whose more than a century-long history is commemorated by the Ecce Homo Park multimedia

exhibition where you can test your racing skills on a simulator. The modern Time Exposition tells us about the local watchmaking tradition and reveals the secrets of the universe created by the Big Bang, i.e. the beginning of time. [www.sternberk.eu](http://www.sternberk.eu)

## ■ Úsov Chateau and Synagogue ORC

A castle, or a chateau? In Úsov, both come together in one. The original medieval castle was fitted with a Baroque chateau at the end of the 17th century, thus creating a remarkable combination of both. At the end of the 19th century, the Liechtensteins founded

the Hunting and Forestry Museum. Its rich collections of animals from their expeditions all over the world are definitely worth seeing even today. The Chapel of St. Roch, which they had built in the 17th century behind the village, also refers to the Liechtenstein family. The rich Jewish heritage of Úsov is evidenced by a late Baroque synagogue and an old cemetery. [www.usov.cz](http://www.usov.cz), [www.muzeum-sumperk.cz](http://www.muzeum-sumperk.cz)



Úsov Chateau



**Lavender Café**  
You can taste desserts, lemonades and other delicacies made from the lavender grown in Bezděk in this café in Zábřeh and in Lavender Bis- tro in the Upper Square in Olomouc.

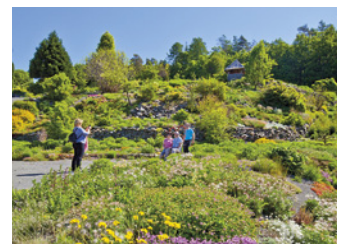
Photo: Bezděkov Lavender Farm



Uničov

## ■ Uničov ORC

The royal town with the oldest preserved town charter in the country takes pride in its Neo-Renaissance Town Hall with a monumental tower, which serves as a public observation tower. On your way up, you will learn about the prehistory of Uničov, the history of the Town Hall and its clockwork. The architecturally interesting Waterfront Museum (U Vodní branky) displays a permanent exhibition on the town's history. A thumbscrew, Spanish shoe, or joint crusher? You can try them for yourself at the Šatlava Prison Museum. It is housed in well-preserved premises where prisoners served their time until 1945. [unicov.cz](http://unicov.cz)



Machu Picchu Arboretum

## ■ Bezděkov Lavender Farm ORC

The rows of purple flowers stretch into the distance and an intoxicating scent will take over your senses. This farm will magically transport you to French Provence. The owners opened a lavender exhibition and a shop in the building of the former municipal office of Bezděkov. If you want to visit the lavender fields, the best time to go is in the first half of July. There is a gazebo with refreshments available to all visitors. [www.levandulovystatek.cz](http://www.levandulovystatek.cz)

## ■ Machu Picchu Arboretum

The arboretum is located in the village of Paseka near Šternberk. It was created in an old quarry from a reclaimed

landfill by Radim Slabý and with the support of the village. The terraces are filled with rock plants, grasses, cacti, and rare trees and bushes. The southwestern orientation of the slopes helps the plants and creates a unique climate, and its location in the foothills of the Nizký Jeseník benefits the species diversity of rare plants and insects. It is usually open from April to October. [www.arboretumpaseka.cz](http://www.arboretumpaseka.cz)

## ■ Libavá Military Zone

An area of more than 230 km<sup>2</sup> in the Oder Hills. The restored pilgrimage church in Stará Voda commemorates the pre-war era when many local villages were inhabited by original settlers. The mysterious landscape is fully open to the public once a year during the popular cycling event called White Stone (Bílý kámen). On weekends and public holidays, you can take a walk to the headspring of the Odra River. [www.vujujezd-libava.cz](http://www.vujujezd-libava.cz)

Bezděkov Lavender Farm



## We recommend...

### ■ Taste the Moravia Cycling Trail

The combination of a trip and a gourmet experience; that would please many a traveller. Simply follow the Taste of Moravia Cycling Trail crisscrossing the Mohelnice and Zábřeh regions. The circuit is 91 kilometres long, but you can also cover certain sections by train. It comprises thirteen delicious stops – from family restaurants and farms to patisseries and cafés. You can also take several days to finish the whole circuit or take advantage of a wide range of accommodation possibilities. [ochutnejmoravunakole.cz](http://ochutnejmoravunakole.cz)



## Tips for Swimming

### ■ Outdoor Swimming Pool Šternberk

This outdoor swimming pool is 25 metres long with swimming lanes and has water slides and a paddling pool. In Šternberk, you can also find a new water park with an indoor multi-purpose pool and spa.

### ■ Dolní Žleb

Those who like swimming in nature will surely enjoy this pond with paved access to the water, benches and grassy areas for relaxing in Dolní Žleb near Šternberk.

### ■ Natural Swimming Pool in Paseka

A natural swimming pool utilising water filtration by plants was created in Paseka several years ago. It offers a pool for swimming, a place for children to play, a small slide and another unique water slide built into a slope.

### ■ Moravičany Lake

The Moravičany Lake was created by gravel mining, and the locals call it the "Digger". Even though it falls under the Litovelské Pomoraví protected area, there are pleasant swimming spots on the north and south of the lake.

### ■ Božeňov Recreational Centre ORC

The Božeňov recreational centre lies in the middle of the forests of Dolní Bušínov in the Zábřeh Micro-Region. There is the Na Jahodné water reservoir nearby, which is ideal for swimming and water sports.







Brničko Castle Ruins

### ■ Brničko Castle Ruins

The picturesque castle ruins are situated prominently on a hill above the village of the same name. The castle was built in the 14th century, but it only served its purpose for a short time. It was demolished in 1513. Even after more than 500 years, the remains of its sturdy walls still stand and are frequently visited by romantic souls or fans of beautiful views. There is a tourist trail leading from the village up here. It is also easy to access from Šumperk or Zábřeh. [obecbrnicko.cz](http://obecbrnicko.cz)



Zábřeh

### ■ Zábřeh, Eskymo's Hometown

The most famous native of the town is Jan Eskymo Welzl. This peculiar adventurer and distinctive storyteller can be encountered across the city in many forms. His statue, sitting on a

suitcase, bids you hello at the town's train station. There is a street named after him, and various local products, including beer, bear his name. You can walk through the town following Welzl's trail which will show you the Zábřeh Chateau, Masaryk Square with the Old Town Hall, Marian Column and the most beautiful house in town called Pod Podloubím. It houses a museum with a permanent Welzl exhibition. [tourism.zabreh.cz](http://tourism.zabreh.cz)



Via Delicia

### ■ Via Delicia in Zábřeh

A family-run cannery offers guided tastings (booked in advance), a tour of the production and a company shop with a full range of renowned gastronomy delicacies. It relies on time-tested recipes and fresh and high-quality ingredients. [www.viadelicia.cz](http://www.viadelicia.cz)



Mohelnice, photo: Archive OLK

### ■ Mohelnice

It is a town of two faces: besides the modern industrial one, it also retains its original historical core. There are well-preserved town walls, the Parish Church of St. Thomas of Canterbury with its slender tower and Liberty Square with the Plague Column. One of the most important sights in town is the Bishop's Castle in Church Square, which houses the Mohelnice Museum with exhibitions on local history and prehistory. [www.mohelnice.cz](http://www.mohelnice.cz)

### ■ Bradlo, the Mythical Home of Knights

The wooded hill is shrouded in mystery and legends which call it the Moravian Blaník. It says that the knights of the one-eyed king Wenceslas I are still waiting on the hill to come and rescue Morava when in distress. From the top, you can see the Hrubý Jeseník, Sněžník and Hornomoravský úval. The hard-to-access side is popular among climbers. Also, there is a seven-kilometre-long nature trail through the hill connecting the railway stations of Libina and Nová Hradečná, making them ideal starting points.



Lupěné

### ■ Acrobat Park in Štítý

It is a unique sports centre established by Aleš Valenta after he famously won an Olympic gold medal in aerial skiing. You can try and learn his famous triple back flip with five twists, but instead of the frozen ground, you'll safely land in the water. You can also try the adrenaline-filled courses on snowboarding or trampolines. You can rent all the equipment on-site. [www.acrobatpark.com](http://www.acrobatpark.com)



Acrobat Park in Štítý, photo: OLK

### ■ Lupěné Railway Open-Air Museum

The area used to be busy with trains, and now, they have been replaced by cycling enthusiasts who use the disused railway embankment to explore the Moravská Sázava Valley stretching between Lupěné and Hněvkov. You can also explore the beauties of the Railway Open-Air Museum displaying a historical steam locomotive and a renovated service car, remembering the more than 150-year-old history of the local railway line. You can also explore mechanical traffic lights, crossing gates, and signal boxes. You can follow the cycle path to Hoštejn and beyond. [tourism.zabreh.cz](http://tourism.zabreh.cz)



Háječek Observation Tower, photo: OLK

### ■ Háječek Observation Tower

It was built above Sborov on top of a prominent hill. The 30-metre-high steel tower varies in shape on each side and the observation deck offers views of the Jeseníky Mountains and their Praděd peak, as well as the Orlické Mountains or Drahany Highlands. You have to pay a small entrance fee. [nadhledna.cz](http://nadhledna.cz)

## Trip Recommendations to Visit Our Neighbours

### ■ Sovinec Castle

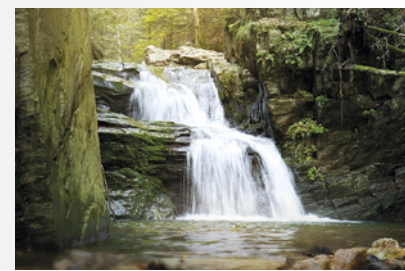
This imposing castle on a rocky outcrop represents a uniquely preserved example of Baroque military architecture. It was founded in the mid-14th century by the Lords of Sovinec. The tour leads through the 1st to the 5th courtyard and on to the upper castle with the lookout tower, which offers a beautiful view of the Sovinecko Nature Park landscape. There is also a special tour for children, and a part of the previously flooded underground passage is open to the public as well. The castle holds various cultural events regularly. [www.mu.br.cz/sovinec](http://www.mu.br.cz/sovinec)



Sovinec Castle

### ■ Rešov Waterfalls

The Huntava River murmurs through canyons and cascades before it starts to fall with a roar from a 10-metre height. The Rešov Waterfalls are the jewel of Nizký Jeseník, and you can find them eight kilometres from Rýmařov. Hikers of all ages set off along the marked trails to witness this spectacular scenery. The best starting point is in the village of Rešov with available parking, which is less than two kilometres from the waterfalls. It is also a pleasant walk from Tvrdkov or Horní Město. When planning your trip, you can visit the waterfalls when visiting the Sovinec Castle or climbing the nearby Křížový vrch hill in Ruda. In good weather, you will be rewarded with a beautiful view.



Rešov Waterfalls



# The Šumperk Region, Rugged Mountain Beauty

Dlouhé Stráně Pumped-Storage Hydroelectric Power Plant

**Hrubý Jeseník**, the highest mountain range of Moravia, which still retains its rugged and untamed character, takes up most of the Šumperk Region. Praděd, Keprník, Šerák, Vysoká hora or Petrovy kameny offer views of breathtaking scenery. Deep forests hide peatbogs, mountain streams and waterfalls. In the valleys, you can find a unique handmade paper mill, the infamous Chateau Velké Losiny, wooden churches or historical town centres. Other Czech rarities include the Velké Losiny Thermal Spa and the Dlouhé Stráně Pumped-Storage Hydroelectric Power Plant. In winter, the Jeseníky Mountains turn into a white fairy-tale land with modern ski resorts offering excellent services.



Praděd

## ■ Jeseníky Protected Area

The Jeseníky protected area was established in 1969 and is one of the largest in the Czech Republic. Its goal is to preserve the wild and rugged beauty of Hrubý Jeseník for future generations. In the higher altitudes, you can find a mountain tundra environment

in contrast to the spruce forests, peatbogs and mountain springs of the lower altitudes. The mountains are also home to a number of rare plants and animals, including endemic species such as *Poa riphaea* or *Campanula gelida*. The unique character of this region is complemented by flowering

meadows, preserved folk architecture and a number of ore and precious metal mines, which are protected as technical monuments. [jeseniky.nature.cz](http://jeseniky.nature.cz)

## ■ Praděd

Praděd got its name after the mythical protector of the Jeseníky Mountains, and it is an unmistakable symbol of the highest mountain range in Moravia. This is due to its height of 1,491 metres and the characteristic reinforced concrete television transmitter, which adds another 146 metres to its summit. There, you can find a restaurant, a hotel, a tourist hostel and an observation platform 73 metres above the ground, from which you can see the Krkonoše Mountains, the Beskids and Malá Fatra in good weather. The summit and the adjacent ridge are part of the Praděd National Nature Reserve, which protects the rare tundra landscape, unique ecosystems and endemic plant species. [www.hotelprededvysilac.cz](http://www.hotelprededvysilac.cz)

## ■ Petrovy kameny (Peter's stones)

You cannot miss this rock formation on the main ridge of the Jeseníky Mountains. The distinctive rocks are up to seven metres tall and 25 metres wide. Since ancient times, they have stirred the imagination of the people, who believed them to have magical powers or be an entrance to hell itself. In the dark days of the witch trials, the heartless Inquisitor Boblig marked the stones as a place for the coven of the accused witches. They are home to a thriving ecosystem of unique alpine species of plants and animals. In winter, the northern slopes below the Peter's stones are one of the places where the snow and the ski season last the longest. In order to protect the local ecosystem, entry to the rocks themselves is forbidden. [www.jeseniky.cz](http://www.jeseniky.cz)

## ■ Rabštejn Castle

The Rabštejn Castle, which changed hands many times, used to stand on the peak above Bedřichov. Later, it was used as a prison and a hiding place for valuables during the invasion of the Swedes, who eventually captured it anyway. Nowadays, only the wall remnants and the overgrown traces of the castle moat remind us of the medieval building that was. However, the place remains a popular hiking spot, with the final ascent up a narrow wooden ladder that leads to a lookout point secured with a railing. With two hundred routes, the rocks around the ruins of Rabštejn



Rabštejn Castle, photo: Archive OLK

are the largest rock climbing area in northern Moravia. Below the peak is a chalet with a restaurant and accommodation. [www.rabstejn.cz](http://www.rabstejn.cz)

## ■ Červenohorské sedlo

With an altitude of 1,013 metres above sea level, Červenohorské sedlo is a perfect starting point for hiking and cycling trails to the surrounding ridges and the nature trail to the oldest nature reserve in Moravia, Šerák-Keprník, starts here as well. The resort offers all the usual tourist facilities, including restaurants, guesthouses, hotels and sports equipment rentals. The original Czech Tourist Club chalet has also been in operation here since 1935. In winter, Červenohorské sedlo turns into one of the most famous ski resorts in Moravia due to the excellent weather conditions. [www.cervenohorskesedlo.eu](http://www.cervenohorskesedlo.eu)

## ■ Dlouhé Stráně Pumped-Storage Hydroelectric Power Plant

Various rankings place the Dlouhé Stráně Hydroelectric Power Plant among the greatest technical wonders of the Czech Republic, and the power plant hidden in the bowels of a mountain certainly fits such a description. However, be sure to book the tour on the power plant's website before you make your trip, as the number of tours and visitors is limited. The starting point is in the Kouty Ski Centre, from which you can take a shuttle bus. Inside, you can visit the underground power plant and watch a documentary on the construction of this architectonic wonder, which has been in operation since 1996 and uses the largest reverse turbine in Europe. If you want to see the iconic reservoir at an altitude of 1,353 metres, take the extended tour or make a trip by yourself by chairlift or on foot. [www.dlouhe-strane.cz](http://www.dlouhe-strane.cz)



Červenohorské sedlo



## We recommend...

### ■ Bike park Kouty

Take the six-person chairlift up to Medvědí hora and then descend back down using one of the endless mountain bike routes. Mountain bike riders from all over the country come to the Bike Park Kouty in Kouty nad Desnou for such an experience. Here, they can find routes of all difficulty levels, from the easy blue Coal-mining route and the red Stará medvědice route to the challenging black Koutíkův sen route. You can rent bikes with full suspension in the park. Even those who do not seek such thrills can find the right attractions. The park offers a dense network of trails for road and trekking bikes. There is also an asphalt circuit for inline skating and roller skiing around the upper reservoir of the Dlouhé Stráně power plant. You can also rent a scooter and enjoy the 17-kilometre downhill ride, which is the longest in the Czech Republic. [kouty.cz](http://kouty.cz)

### ■ Kraličák Ski Resort

In the Kraličák resort, you can find the Kolovna bike centre with bicycle and electric bike rental. Besides the wide variety of other services, you can try the bobsleigh track with two carousels and a tunnel, horse riding, hiking trails or climbing the nearby Králícký Sněžník. The resort also offers an off-road scooter rental. The modern 35-metre-high observation tower Silver Twiggy is the dominant feature of the resort.

### ■ Kraličák Trail & Enduro Park

Kraličák Trail & Enduro Park is there to satisfy the fans of cycling down the hills through winding curves and well-maintained trails. A total of thirty kilometres of trails of all performance categories, from easy flow trails intended for families with children and scooter riders and medium difficulty trails to black enduro trails with jumps and technically demanding sections for experienced mountain bikers. To get uphill, you can use the chairlift in Stříbrnice or two ascending trails from Hynčice and Stříbrnice.



Photo: Bike park Kouty





Šumperk

### ■ Šumperk

Šumperk is not only the gateway to the Jeseníky Mountains, as it is often called, but also a town with an interesting past and valuable historic buildings in its centre. One of the most beautiful structures is the town hall, built in the Saxon Neo-Renaissance style. Its tower is open to visitors in summer, providing sweeping views from a height of 29 metres. No visit to Šumperk is complete without seeing the remains of the city walls, the Dominican monastery with the Baroque Church of the Annunciation and the theatre, which is home to a professional ensemble. [www.divadlosumperk.cz](http://www.divadlosumperk.cz)

### ■ Witch trials in Šumperk

The exhibition in the ancient cellar of the Geschader House in Šumperk serves as a poignant reminder of the infamous witch trials that plagued the north of Moravia in the 17th century. Speaking through an audio guide, Heinrich Franz Boblig von Edelstadt, the inquisitor whose cruelty brought



Witch trials in Šumperk

over a hundred people to the stake, will take you through the exhibition. The tour takes about 40 minutes. [www.infosumperk.cz](http://www.infosumperk.cz)

### ■ National History Museum in Šumperk

The National History Museum in Šumperk in the Pavlinin dvůr Palace has a permanent exhibition on the history



Velké Losiny Chateau



**EXTRA TIP**

and nature of northwest Moravia. The museum will introduce you to various natural aspects of the Šumperk Region. You will also learn about the rich history of textile production in Šumperk and the skills of local craftsmen. The museum also presents temporary exhibitions and interactive programmes for children. [www.muzeum-sumperk.cz](http://www.muzeum-sumperk.cz)

### ■ Velké Losiny Chateau

The three high wings with three-storey arcades are the hallmark of the Velké Losiny Chateau. This jewel of Renaissance architecture with its dominant octagonal tower is linked to two famous noble families. The Žerotín family built the chateau at the end of the 16th century. It was later bought by the Lichtenstein family, who reconstructed it and created a beautiful English landscape garden with an orangery. Thematic tours will guide you through both of these historical eras. The chateau is infamous due to the bloody witch trials carried out by the Inquisitor Boblig of Edelstadt. Its interior also appeared in the famous film Witchhammer by Otakar Vávra. [www.zamek-velkelosiny.cz](http://www.zamek-velkelosiny.cz)

[www.zamek-velkelosiny.cz](http://www.zamek-velkelosiny.cz)

### ■ Confectionery Velké Losiny

Out of her love for chocolate and confectionery, Jana Kašparová founded a unique workshop where the handmade confectionery from Velké Losiny is made. Here you will find a diverse selection of chocolate candies, desserts and other regional products. [velkolosinskepralinky.cz](http://velkolosinskepralinky.cz)



Velké Losiny Thermal Spa



Handmade Paper Mill Velké Losiny

### ■ Handmade Paper Mill Velké Losiny

This handmade paper mill in Velké Losiny was founded by the Žerotín family at the end of the 16th century, which makes it the oldest one in Central Europe. Paper is still produced here using the original methods, and it is sought after for its exceptional quality all over the world. The guided tour of the Museum of Paper will introduce you to the secrets behind the white paper sheets. The guide will present you with the individual stages of paper production, and if the manufactory is producing at the moment, you can witness the process in real-time. In the courtyard, both children and adults can try the paper-making process by themselves and take their own sheet of paper back home. Or buy a souvenir in the shop. The stylish Losín restaurant is part of the paper mill. [www.rpvl.cz](http://www.rpvl.cz)

### ■ Velké Losiny Thermal Spa

Velké Losiny has the hottest springs in Moravia, and a spa was established there as early as the end of the 16th century due to their healing effects. People with musculoskeletal and nervous system disorders seek the thermal sulphur springs to this day. Visitors to the Jeseníky Mountains head to the thermal

spa with nine pools, five of which are indoor. They draw water from the Žerotín spring with a temperature of up to 36°C. There are also other attractions such as water slides, white water run, cave, mushroom cascades and more. Sauna enthusiasts can indulge themselves in a variety of sauna options, and the spa includes a restaurant as well. The outdoor part of the spa is usually open from May to September. [www.termaly-losiny.cz](http://www.termaly-losiny.cz)

### ■ Rapotín Glassworks Museum

The Rapotín Glassworks Museum, housed in the former administrative building of the famous company, presents the rich history, art and skills of the local glassmakers. The glassworks moved here from Annin in 1829 and gradually grew into an industrial undertaking of European renown. In the glory days of the company, innovative processes and technologies led to the expansion of branches to Germany and Slovakia, and Rapotín glassmakers had their products represented all over Europe, in New York and Melbourne. The traditional production ended in 2009, and today it is commemorated by a number of exhibits accompanied by authentic stories of the glassmakers and a replica of a glass furnace. You can also marvel at parts of a unique chandelier that the glassworks produced for the pilgrimage temple in Mecca. [www.muzeumrapotin.cz](http://www.muzeumrapotin.cz)



Rapotín Glassworks Museum, photo: M. Dvořáček

## Trip Recommendations

### ■ Angel Garden in Rejchartice

On a meadow in Rejchartice, you can find a gallery that you will not see anywhere else. It consists of wooden sculptures of angels created by the hands and saws of skilled woodcarvers at a regular symposium. New messengers of beauty are added every year. You can find them both in the meadow and on the Angel Trail leading from Šumperk to the town forest and Rejchartice. The Angel Garden is open all year round. [www.andelarium.com](http://www.andelarium.com)



Angel Garden in Rejchartice

### ■ Sobotín Resort

Sobotín Resort is the right place for all looking for superb care for both body and soul. It offers romantic spa services, sports activities, a stylish brewery and, above all, the fabulous hotel Klein located in a sensitively renovated chateau that will transport you back in time to the mid-19th century. The famous Klein family and business are commemorated by the nearby monumental tomb, which is a cultural monument. The mineralogical nature trail from Sobotín to Maršákov is a great opportunity to take a walk with some fun facts about aquamarines, garnets or zircons. [www.resortsobotin.cz](http://www.resortsobotin.cz)

### ■ Loučná nad Desnou Chateau Park

The English landscape garden that surrounds the Renaissance Chateau in Loučná nad Desnou is a remarkable oasis under the Jeseníky Mountains. After its renovation in 2010, the park became a popular place for walks and a tranquil oasis with ponds and fountains. The park also hides a magical grotto with an artificial waterfall. In the summer, families with children can participate in a search for clues in a treasure hunt game. [icloucnaz.cz](http://icloucnaz.cz)





Wooden Church in Maršíkov



Bukovka Lookout Tower

### ■ Hanušovice Brewery

The long history of brewing in Hanušovice dates back to 1874. You can get to know more about it in the Museum, which is open all year round from Tuesday to Saturday. You can take a guided tour and learn more about the ingredients necessary for the brewing of beer, the craft of barrel makers, historical tools or beer bottles and glasses. If you book it beforehand, you can also go for an excursion in the brewing area with a tasting and discover the secrets of the popular beer brand, which uses water from its own deep well, famous Moravian malt and hops from Tršice. The brewery also has its own stylish restaurant. [www.pivovarskemuzeum.cz](http://www.pivovarskemuzeum.cz)



### ■ Wooden Churches

Just a few kilometres away from each other, near Velké Losiny, you can find three rare wooden churches. Two of them are linked through the origin of the wood that comes from the church in Velké Losiny, which was demolished in 1599 to make way for a new brick church. The preserved timbers were used to build the wooden Renaissance church of St. Michael in Maršíkov, which is the best-preserved folk historical building in northern Moravia, and the church of St. Martin in Žárová, which has been preserved in its authentic form. The third wooden church of St. John of Nepomuk in Klepáčov is much younger, built in the

Baroque style and is privately owned, unlike the previous two.

### ■ Bukovka Lookout Tower

Near Rapotín, you can find the freely accessible Bukovka lookout tower. The 21-metre-high tower offers a beautiful view of the Desná valley and the main ridge of the Jeseníky Mountains. To get there, you can follow the yellow tourist trail or enjoy the Bukovka nature trail with children. In the local information centre, you can buy the trail quiz with crosswords and puzzles or find your way out of the maze. The entire nature trail circuit is 8.5 kilometres long, and one of the stops is a forest spa centre, where you can refresh your tired feet by walking through spring water and on various surfaces.

### ■ Road Museum in Víkřovice

The Road Museum in Víkřovice presents the hard work of road builders who have been maintaining roads

between towns and villages for hundreds of years. The only exhibition of its kind in the Czech Republic depicts the development of the craft from the maintenance of simple trails to the care for contemporary multi-line roads. A unique exhibit in the museum is the "wheel press", which is a device used by blacksmiths to attach iron hoops to wooden spoked wheels. [www.muzeumsilnic.cz](http://www.muzeumsilnic.cz)

### ■ Dalimil's Lookout Tower

One of the newest lookout towers in the Jeseníky Mountains was built on the Větrov hill between Staré Město and the Paprsek chalet. The Dalimil's stone lookout tower, built in historicist style with an arched vault, spiral staircase and battlements, is a copy of the one that once stood on Králícký Sněžník. It is 33 metres high, open daily and the climb is subject to a fee. It also offers refreshments and an apartment for an overnight stay. [dalimilovarozhledna.cz](http://dalimilovarozhledna.cz)

Dalimil's Lookout Tower



Praděd Children's Museum

### ■ Praděd Children's Museum in Bludov

The mythical mountain spirit and guardian of the Jeseníky Mountains has a place in Bludov for all who are not too old to play. Here you can find the Praděd Children's Museum, where you can learn through games about the highest Moravian mountains, famous figures from the history of the Jeseníky Mountains and local crafts, and you can top it off in the local café. The Praděd's village consists of wooden houses where children can turn into cooks, witches, grocers or innkeepers. If that is not enough, there is a natural playground with the largest drum-xylophone in Central Europe and a cave with a grand sandpit. [www.pradedovomuzeum.cz](http://www.pradedovomuzeum.cz)

### ■ Military Museum in Staré Město

The Museum of Military History and Staré Město Micro-Region is located in the former barracks in Staré Město. In its extraordinary expositions, you

can learn about various epochs in the history of our army in the 20th century, from the legionaries fighting for our independence through liberation from the Nazis to the Czechoslovak army until the dissolution of the country in 1993. The fortifications built against Nazi Germany in the 1930s are an important part of the exhibition. You can follow the educational trail through the largest concrete fortifications in the Staré Město Micro-Region. [www.staremesto.info](http://www.staremesto.info)

### ■ Branná and Kolštejn Chateau

Since the 16th century, the Renaissance Chateau Kolštejn has stood on a hill on the edge of Branná. After a thorough reconstruction, it was turned into a hotel, but during summer, you can take about an hour-long guided tour of this beautiful building. The Kolštejn Spa Centre is located near the chateau on a charming square. A well-established microbrewery of the same name operates in the neighbouring restaurant.



Branná



Velké Losiny Thermal Spa



## Tips for Swimming

### ■ Velké Losiny Thermal Spa

Nine thermal pools, water attractions and four types of saunas – this is the Thermal Spa in Velké Losiny, the only one of its kind in the Czech Republic. [www.termaly-losiny.cz](http://www.termaly-losiny.cz)

### ■ Water Park Šumperk

In addition to the indoor swimming pool and paddling pool for children, the completely renovated complex also offers a whirlpool, a nearly 100-metre-long water slide and a steam room, as well as an outdoor pool with a slide. [www.aquacentrum.net](http://www.aquacentrum.net)



Photo: Archive OLK

### ■ Outdoor Swimming Centre Bratrušák in Šumperk

The outdoor swimming centre Bratrušák with two large swimming pools and plenty of grassy areas for relaxing is another option to cool down in summer. [www.sumperksportuje.cz](http://www.sumperksportuje.cz)

### ■ Úžas Pond

In Kraličák Ski Resort in Hynčice pod Sušinou, you can find the Úžas Pond, which supplies snow cannons in winter and offers a great option to cool down or try paddle boarding in summer. [www.letomujkralicak.cz](http://www.letomujkralicak.cz)

### ■ Water Reservoir Krásné

The Krásné water reservoir in Nový Malín near Šumperk is a lovely option for swimming in nature. There is also a campsite and a restaurant available. [www.nakrasnem.cz](http://www.nakrasnem.cz)



### ■ Kouty Ski Resort

The highlight of the Kouty Ski Resort in Kouty nad Desnou is a six-person chairlift with the upper station at 1,095 metres above sea level. The 3-kilometre blue ski slope will give you nearly an endless ride. The other two red slopes are more than two kilometres long and offer two zones ideal for snowboarders and freeride skiing lovers. For children and beginners, there is a conveyor belt and a children's corner, as well as equipment rental and a restaurant. Maintained trails for cross-country skiing start from the upper chairlift station. The ski resort is located near the Kouty nad Desnou train station, and a ski bus can take you directly under the slope. [kouty.cz](http://kouty.cz)



Červenohorské sedlo

### ■ Červenohorské sedlo

The Červenohorské sedlo Ski Resort has a long-standing tradition and is among the most famous in Moravia. There is plenty of snow at an altitude of over 1,000 metres, and the skiers can make use of a chairlift and seven ski lifts. The four main slopes are over a kilometre long, and visitors can choose between terrains ranging from easy to steep slalom slopes for the most advanced skiers. In the Červenohorské sedlo Ski Resort, you will find all the necessary services, including a repair shop, ski rental, ski school, parking, and a wide range of restaurants and accommodation facilities. Cross-country skiing trails run from Červenohorské sedlo to both sides of Hrubý Jeseník, and a significant number of them are mechanically maintained. The most popular one leads along the southern slopes of Velký Klínovec and further on to Švýčárna and Praděd. [cervenhorskosedlo.eu](http://cervenhorskosedlo.eu)



Kouty Ski Resort

### ■ Kraličák Ski Resort

In the valley and on the hills at the foot of Sněžník, you can find the Kraličák Ski Resort, which was established by the merging of ski resorts in Stříbrnice and Hynčice pod Sušinou. Skiers and snowboarders can enjoy its 11 kilometres of ski slopes, and one ski pass allows you to choose on which side of the Štvanice hill you want to ski. In Stříbrnice, you can find the most modern chairlift with heated seats in the Czech Republic. There are all levels of slope difficulty available. There is also the FUN park for children with two conveyor belts (the largest one around), as well as a ski school, repair and rental service and restaurants. A number of cross-country skiing trails lead from Stříbrnice and Hynčice, including the main Jeseníky Cross-Country Route. [www.zima.mujkralicak.cz](http://www.zima.mujkralicak.cz)

### ■ Kunčice Ski Resort

Located at the foot of Sněžník, the Kunčice Ski Resort is an island of peace and quiet, which offers skiing without queues on 4.5 kilometres of ski slopes. The individual tracks range between 600 and 1,000 metres. Wide and uncrowded blue and red tracks will suit beginners and advanced skiers alike. A four-person chairlift and three ski lifts ensure comfort and a pleasant experience for all visitors. The facilities offered and the children's ski lift make Kunčice a great family-friendly resort. A cross-country skiing trail to Kunčická hora and Stříbrnice leads from the upper station of the Triangl chairlift. [skikuncice.cz](http://skikuncice.cz)

Kraličák Ski Resort, photo: Archive OLK



Papřsek Ski Resort

### ■ Papřsek Ski Resort

The Papřsek Ski Resort at the southern foot of the Rychleby Mountains offers three ski slopes roughly a kilometre long. The chairlift and two ski lifts handle the transportation. There is also a ski rental, ski service and ski school. However, Papřsek is better known as a crossroads

for cross-country skiing trails. In the surrounding area, you can find up to seventy kilometres of mechanically maintained trails, which can lead you as far as Poland. Along with a comfortable elevation profile, this makes Papřsek one of the most popular cross-country skiing locations in the Šumperk Region. [www.papřsek.cz](http://www.papřsek.cz)

### ■ Přemyslov Ski Resort

Přemyslov is a smaller modern ski resort at an altitude of over 700 metres. You can enjoy four ski slopes, the longest of which is blue and 1,250 metres long with night lights. The complex includes four ski slopes with a four-person chairlift and two ski lifts, parking, a service facility with a restaurant, other refreshments, a ski school, ski rental and ski service. All ski slopes are maintained using snow cannons. From the upper station of the chairlift, you can access the network of cross-country skiing trails around the Ucháč peak, which are not mechanically maintained. [www.skipremyslov.cz](http://www.skipremyslov.cz)



### ■ Branná Ski Resort

The northern slope, cooler weather and artificial snow ensure that the Branná Ski Resort is the early bird of the ski season in the Jeseníky Mountains. It has a two-person chairlift, two ski lifts and four ski slopes, a more gentle one for beginners and a steeper one for more seasoned skiers. It offers a ski school, ski rental and a rope tow for children, making it the ideal place for family-friendly fun. [www.skibranna.cz](http://www.skibranna.cz)

### ■ Jeseníky Cross-Country Route

The Jeseníky Cross-Country Route is the favourite trail for cross-country skiers in the Šumperk Region. It is around 100 kilometres long and has a number of convenient starting points and chalets along the way. It starts in Horní Morava under Králický Sněžník and leads through Kladské sedlo to Papřsek and Ramzová. From there, it continues in a steep ascent to Šerák and on through Vřesová studánka to

Červenohorské sedlo, which is one of the most popular starting points. The most popular section leading through Švýčárna towards Praděd and Ovčárna is located there. The route then heads to Petrovy kameny and continues along the ridge to Jeření studánka, Alfrédka and Skřitek. Crossing the ridge of the Jeseníky Mountains is a breathtaking experience with magnificent views of the surrounding landscape, where the mountains show their harsh winter beauty. [www.jdemnabezky.cz](http://www.jdemnabezky.cz)



Šerák

## Trip Recommendations to Visit Our Neighbours

### ■ Sněžník

Sněžník is the third-highest mountain range in the Czech Republic. Králický Sněžník, as the highest peak, reaches 1,423 metres and offers beautiful views of Hrubý Jeseník, the Orlické Mountains and the Krkonoše Mountains. Just a few dozen metres below, you can find the spring of the Morava River, with a popular statue of an elephant nearby. Sněžník also gives its name to the National Nature Reserve protecting rare species of animals, plants and fungi.



Sněžník

### ■ Mountain Resort Dolní Morava

Dolní Morava is one of the most frequented mountain resorts in the Czech Republic. This is thanks to the popular Sky Walk and the longest bobsleigh track in Central Europe. The latest addition is the Sky Bridge, which is at 721 metres the longest suspension footbridge in the world. For younger visitors, there is the Little Mammoth's Water Park, Forest Adventure Park, Sand World and a giant mammoth statue the children can climb into. The resort also offers a Trail Park, Adrenalin Park, bicycle and scooter rental and the indispensable chairlift.

### ■ Karlova Studánka

Visitors to Karlova Studánka can enjoy the pleasant mountain spa, murmuring brooks, clean air and peaceful atmosphere. It has been this way for decades, the same as the hiking trails leading through the enchanting nature. The most beautiful as well as demanding among them is the trail around the waterfalls of the Bílá Opava River, which entails footbridges, ladders and chains.



Bílá Opava River



# The Jeseník Region, the Healing Power of Nature

Crystal clear, gurgling in mountain streams or quietly rising in springs. Water is one of the symbols of the Jeseník Region. The famous healer Vincenz Priessnitz discovered hydrotherapy right here. He was aided by the unique climate, which is the reason people visit here to this day. Just stay a few days, and the Jeseník Region will show you its healing powers and reveal its secrets. You can relive the age when the hidden underground treasures were dug from underground in the Gold Mining Open-air Museum in Zlaté Hory. In the Rychleby Mountains, you can leave civilisation behind and get engulfed by the forest on Keprník. In winter, you can try the cross-country skiing trails or modern ski resorts on the slopes of Hrubý Jeseník.

## ■ Rejvíz

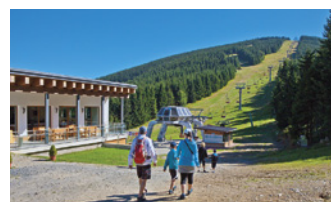
Rejvíz is one of the most beautiful places in the Jeseníky Mountains. It is mainly due to the remoteness of the highest settlement in Czech Silesia and the national nature reserve with its famous peatbog. With an area of nearly 400 hectares, it is the largest bog in Moravia, which is nearly 6,000–7,000

years old. There is a nature trail leading to the bog, which starts at the Rejvíz restaurant with its famous carved portraits of sitting regulars. Wooden walkways will lead you to the Great Moss Lake. According to legend, it has been inhabited by the mythical shepherd Gill for 700 years, who was driven here as a punishment by Praděd

himself. There is an entrance fee during the tourist season. [www.rejviz.info](http://www.rejviz.info)

## ■ Šerák-Keprník

The Šerák-Keprník natural reserve is the oldest in Moravia. It dates back to 1903, when Johann II, Prince of Liechtenstein, decided to leave the most precious parts of nature on the estate as a protected forest and forbade logging in it. Thanks to this, you can now walk between the three distinct peaks – Šerák, Vozka and Keprník through deep and fragrant forests with millennia-old peatbogs, where nature still lives by its own rules. That is why the ridge trail from Ramzová to Červenohorské sedlo is one of the most popular ones in the Jeseníky Mountains. Families with children can enjoy the accompanying educational nature trail With Mr Mountain through the Keprnické Mountains. [jeseniky.nature.cz](http://jeseniky.nature.cz)



Rejvíz, photo: Archive OLK



High Waterfall

## ■ Vysoký vodopád (High Waterfall)

The Vysoký vodopád waterfall is located on the Studený potok stream just a few kilometres north of Praděd. With a total height of 28 metres, it is the highest in the Jeseníky protected area. The waterfall is easily accessible from the Švýčárna chalet following the blue hiking trail. It is most beautiful in the spring or after heavy rains when more water flows through the stream.



Jeseník Museum of History

## ■ Jeseníky Mountains and the Witch Trials

You can return to the dark period of the witch trials, which cost the lives of hundreds of innocent people, through the exhibition in the Jeseník Museum of History. It is located in the basement of the Water Fortress, and in addition to archival documents, you can see authentic evidence, replicas of torture devices and a thematic film projected



Priessnitz Health Spa in Jeseník

## ■ Priessnitz Health Spa in Jeseník

Vincenz Priessnitz started as a folk healer in the village of Gräfenberg and eventually built a well-known spa in Jeseník. His fame, success and natural water and exercise healing methods have spread all over the world. Above the spa, there is a unique water garden where visitors can try out Priessnitz's methods for themselves. On the walk through this water garden, you will

find a natural spa, a foot bath with acupressure, a Priessnitz bench, a pebble walkway, a natural shower and places for rest. The birthplace of the famous healer, who built the world's first hydrotherapy institute here in 1822, is now a site of a permanent exposition that presents Priessnitz's life and work. [www.priessnitz.cz](http://www.priessnitz.cz)

## ■ Schroth's Spa in Dolní Lipová

The spa in Dolní Lipová was founded in 1829 by the folk healer Johann Schroth. Like his friend Priessnitz, he used the cold healing springs and the clean environment of the Jeseníky Mountains, as well as fasts, warm and wet compresses and wine. His procedures were successful, but you will not find them in the Schroth's Spa in Dolní Lipová anymore. They have been replaced by modern medical therapies and unique herbal mixtures from Dolní Lipová. The spa treats non-infectious skin diseases, metabolic disorders and respiratory diseases. [www.lazne-lipova.cz](http://www.lazne-lipova.cz)



Schroth's Spa in Dolní Lipová, photo: Archive OLK





Zlatý Chlum Lookout Tower

### ■ Zlatý Chlum Lookout Tower

One of the most popular walks from Jeseník is to the nearby lookout tower Zlatý Chlum. The romantic 26-metre-high stone tower offers attractive views of Otmuchów Lake in Poland and the ridges of Hrubý Jeseník and Sněžník. Tourists could admire its view for the first time in 1899, and nothing has changed since then, as 120 years have only added to its beauty. Besides Jeseník, another great starting point is the nearby Křížový vrch hill, which is accessible by car. The lookout tower is open from April to October, it offers refreshments, and the lookout is subject to a fee. [www.zlatychlum.cz](http://www.zlatychlum.cz)

in Central Europe. The first mentions of them date back to the mid-15th century, and they have served as a shelter for people since ancient times, as evidenced by inscriptions and paintings on the walls. The underground labyrinth of passages and fissures is 400 metres long, and the wheelchair-accessible route has 220 metres. [www.caves.cz](http://www.caves.cz)

### ■ Biskupská kupa Lookout Tower

Biskupská kupa lookout tower is located three kilometres east of the town of Zlaté Hory on the border with Poland. It is the oldest lookout tower in



Biskupská kupa Lookout Tower



Open Air Gold-Digging Museum

the Jeseník Mountains, built in 1898 to celebrate fifty years of the reign of Emperor Franz Joseph. The 19-metre-high stone tower was built by the Sudeten Tourist Association and later served as an observation tower during the World Wars. Tourists can enjoy the view of the most notorious peaks of the Jeseník Mountains, Sněžka, the Beskids and even the highest peaks of the High Tatras when the visibility is good. Open daily from May to September, at other times on weekends. The entry is subject to a fee. [krajpokladu.cz](http://krajpokladu.cz)

### ■ Open Air Gold-Digging Museum in Zlaté Hory

The Open Air Gold-Digging Museum will captivate you with functional replicas of gold ore mills powered by water from the original canal. You can try your luck and pan for the gold yourself and then take it home with you. In the Valley of Lost Gullies, you will discover a place where water flows uphill. Then you can visit a mining settlement with a replica of a wooden log cabin with examples of traditional mining equipment, tools and crafts. The Open Air Gold-Digging Museum is open from May to October. [krajpokladu.cz](http://krajpokladu.cz)

### ■ Na Špičáku Caves

The Na Špičáku Caves located between Písečná and Supíkovice have a characteristic heart-shaped cavern profile. They were formed by glacial meltwater in Devonian marble and are estimated to be between 350 and 380 million years old, making their visit a unique experience. The caves are also among the oldest documented



**EXTRA TIP**

### Forest Bar Horní Lipová

Near Horní Lipová, you can find a unique Forest bar. Water from the stream fills two wooden troughs for cooling soft drinks, mineral water and beer. You can roast a sausage on the fire as well. You pay for what you get in the cash box, as the Forest bar is self-service. Another forest bar can also be found a short distance from Zálesí u Javorníku. [lesnibar.cz](http://lesnibar.cz)



Post Mine

### ■ Post Mine

A great example of a rich history of mining activities is the Post Mine located six kilometres south of Zlaté Hory. This exciting trip underground will guide you through the preserved parts of hand-cut tunnels and chimneys from the days of its greatest glory in the 17th century when copper ore and pyrite were mined here. You can also see a working replica of a wooden water pump and remarkable blue decorations on the walls of the mine created by the clay mineral allophane. Mining finally ceased here in 1993, and the Post Mine was first opened to the public in 2015. If you want to visit the mine, book your tour in advance. [krajpokladu.cz](http://krajpokladu.cz)

### ■ Rychleby Mountains

If you want to avoid crowds and spend time surrounded by beautiful nature, the Rychleby Mountains are the right choice. Thanks to the remoteness of the Javorník area, you will likely be nearly alone in the deep valleys and forested ridges. The untouched landscape offers spectacular views of the area without a trace of human activity. You can either go on a hike on foot or explore the Rychleby Mountains on a bicycle using the empty asphalt roads in the middle of deep spruce and beech forests. The ideal place to start your trip is the town of Javorník. [rychleby.cz](http://rychleby.cz)

### ■ Tančírna v Račím údolí (Dancing Hall in Crayfish Valley)

The Dancing hall in Crayfish Valley is the true gem of the Rychleby Mountains. The beautifully restored art nouveau building was originally a popular venue for dances, balls and trips. It was built between 1906 and 1907 by Cardinal Georg Kopp, Bishop of Wrocław, and you can still find its name Georgshalle inscribed above the entrance. Today it has facilities for tourists and cyclists, interactive expositions on the Rychleby Mountains, and the original dance hall still hosts concerts, author's readings and other cultural events. [tancirna.rychleby.cz](http://tancirna.rychleby.cz)



Dancing hall in Crayfish Valley

### ■ Čertovy kazatelny (Devil's Pulpits) and Rychleby Castle

A short steep climb leads from the Dancing hall in Crayfish Valley to the Devil's Pulpits. On the jagged rocks topped with a vertical climb, you will find a charming lookout with a simple iron railing that resembles a pulpit. When you look down, you will see the original forests of the Crayfish Valley below. The ruins of the Gothic castle Rychleby can be found just two kilometres further along the red trail. It is said that bandit knights took it as a hideout, so the Bishop of Wrocław had the castle demolished. In 1910, its ruins were arranged into today's romantic form. [rychleby.cz/zrcenina-rychleby](http://rychleby.cz/zrcenina-rychleby)

Devil's Pulpits



## Trip Recommendations

### ■ Rychleby Mountains Ridge Trail

Remote and deserted. That is what comes to mind when you think of the Rychleby Mountains. The ridge trail will give you an exceptional connection to nature, the only traces of civilisation are the Borůvková hora lookout tower and the Paprsek chalet on the southern slopes. The town of Javorník in the north or the village of Bílá Voda a little higher up are the perfect starting points. The 50 km long trail ends with a climb to Smrk as the highest peak (1,127 m), and you can take a train back from Ramzová, Ostružná or Staré Město.



Mariahilf Pilgrimage Church

### ■ Mariahilf Pilgrimage Church

On the slopes of the Příčná hora mountain, you can find the famous pilgrimage site of Mariahilf. People attributed miraculous powers to the image of the Virgin Mary, and as the number of pilgrims grew into thousands, a chapel and later a brick church were built. This fact became a thorn in the side of the communist regime, which razed the entire complex to the ground. However, after the fall of the regime, a new church was built, and the pilgrimage site became frequented again in 1995. [www.mariahilf.eu](http://www.mariahilf.eu)

## Tips for Swimming

### ■ Flooded Quarries

Flooded quarries in the Jeseník Region offer opportunities for swimming in beautiful and romantic nature. The most famous quarries include Rampa near Černá Voda, Vaňkův lom near Skorošice, Štachlovice and Kaolinka near Vídnava, Vycpálek near Vápenná or Pelnář near Žulová.

### ■ Outdoor Swimming Pool in Jeseník

The outdoor swimming pool in Jeseník has a 50-metre pool, paddling pool and two water slides. There are plenty of grassy areas for relaxing, facilities with a restaurant and a beach volleyball court. [www.jesenickekoupaliste.cz](http://www.jesenickekoupaliste.cz)





Janský Vrch Chateau

### ■ Janský Vrch Chateau

Janský Vrch Chateau, with its unmistakable red facade, rises on a rocky hill above Javorník. Its history is linked to the bishops of Wrocław, who were present here from 1348 on and rebuilt the original castle into a Baroque chateau in the 18th century. Thanks to them, it became a centre of education and culture in the Jeseník Region. Today, you can take a tour to visit a remarkable exhibition of historical pipes from all over the world or the state rooms, as well as the utility areas of the chateau and rare surviving early gas lighting. There is also an option of a special tour for children and a fairytale-themed trail in the chateau gardens.

[www.zamek-janskyvrch.cz](http://www.zamek-janskyvrch.cz)



Borůvková hora Lookout Tower

### ■ Borůvková hora Lookout Tower

At the crossroads of hiking trails and directly on the Czech-Polish border, you can find the Borůvková hora lookout tower built in 2006, which is within easy reach from Javorník and the Polish Ladek. The steel structure with a wooden outer cover and an observation platform at 24 metres offer beautiful views of the Otmuchów and Nyskie Lakes in Poland and the peaks of Hrubý

Jeseník and Sněžník. The lookout tower is freely accessible all year round, with a refreshments stand in the summer months. During the totalitarian era, the place served as a meeting place for Czech and Polish dissidents, including Václav Havel, which is commemorated by a memorial plaque.

[www.boruvkovahora.websnadno.cz](http://www.boruvkovahora.websnadno.cz)

### ■ Nýznerov Waterfalls

The Stříbrný potok brook has created a canyon-like gorge where you can find the Nýznerov Waterfalls, also known as the "Waterfalls of Silver Brook". They were formed on durable bedrock, and the water falls in several stages to a depth of 14 metres, the highest of which is three metres tall. The impressive cascades are complemented by pools of different shapes and sizes created by the swirling water current. Stairs will lead you to the top of the waterfalls, where you can get directly to the water. The lower trail leads through a narrow and difficult-to-access rocky gorge.

### ■ Na Pomezí Caves

The Na Pomezí Caves are also called the "Marble Gem" of the Rychleby Mountains. It is the largest cave system in the Czech Republic, which was formed by the dissolution of crystalline limestone. They are located two kilometres north of the village of Lipová-Lázně. The caves are characteristic with their narrow and sometimes high fissure aisles that widen into a series of smaller domes. The underground chambers are also a favourite winter site for various species of bats. The accessible route is about half a kilometre long, while the entire cave system is about 1,400 metres long. The tour takes 45 minutes.

[www.caves.cz](http://www.caves.cz)



Na Pomezí Caves

### ■ Rychleby Trails

The first trails were created through the reconstruction of the old hunting trails by the founder Pavel Horník. They gradually grew into one of the most famous networks of mountain bike trails in the Czech Republic, which is constantly improving. They offer a fun ride on specially maintained trails in close connection with nature. The network offers stone trails for more experienced cyclists and modern flow trails suitable even for families with children. The start and finish are at the Base in Černá Voda, where you can find a rental with full-suspension bikes, a mountain bike school, refreshments, a bike shop and an information centre.

[www.rychlebskestezky.cz](http://www.rychlebskestezky.cz)



Photo: Rychlebské stezky

### ■ Museum of Isolation, Internment and Integration in Bílá Voda

The village of Bílá Voda is located in the northernmost part of the Javorník area. When the totalitarian regime abolished all convents in 1950, the Piarist monastery in Bílá Voda became one of the places where the nuns were forcibly gathered. During the next forty years, about a thousand nuns were interned here under conditions similar to a labour camp, and many of them were buried in the local cemetery. The last nuns left Bílá Voda in 2005, and the decades of their work are now commemorated by the Museum of Isolation, Internment and Integration located near the monastery.

[www.muzeumbilavoda.cz](http://www.muzeumbilavoda.cz)



Ramzová-Bonera Ski Resort

### ■ Ramzová-Bonera Ski Resort

In the Ramzová-Bonera Ski Resort, you can take a chairlift to an altitude of 1,325 metres. Mainly red and blue ski slopes offer a total of eight kilometres of trails. The longest one, which starts below the Šerák mountain, is over three kilometres long with a vertical drop of 550 metres. The resort offers options for night skiing, ski rental, ski school, a restaurant and other refreshments. Ramzová Ski Resort also benefits from the highest express train station in the Czech Republic, which is only a few hundred metres from the ski slopes.

[www.bonera.cz](http://www.bonera.cz)

### ■ Petříkov

The northern slopes of the valley in Petříkov create ideal weather conditions, which are complemented by modern snowmaking systems. Even though the ski lifts have different operators, a common ski pass is available for the visitors' comfort, thanks to which you can try any of the five ski slopes without any hassle. The resort offers night skiing, ski bus, ski school, ski rental and a repair shop. However, the main advantage of the resort is the microclimate of the valley, which extends the season until April. There are also cross-country skiing trails leading to the popular Paprsek resort.

[www.kaste.cz](http://www.kaste.cz), [www.skipetrikov.cz](http://www.skipetrikov.cz)

### ■ Ostružná

Jonas Park Ostružná offers six ski slopes on the northern side with a total length of 2.5 kilometres and three ski lifts. There is also a conveyor belt and a merry-go-round, which makes the place suitable for families with children as well. In the park, you can also find a ski school, ski rental, snow park and snow

tubing. A little higher up, there is the traditional red ski slope Řetězárna with a ski lift and a training slope. Ostružná is a great starting point for cross-country skiing trails to Paprsek, Branná and Šerák. [www.ostruzna.cz](http://www.ostruzna.cz), [www.skiostruzna.cz](http://www.skiostruzna.cz)

### ■ Miroslav Ski Resort

Ski Centre Miroslav is located in the spa village of Lipová Lázně. The smaller resort offers four ski slopes on the northern side of the Sněhulák peak. The longest of them is red, 800 metres long and has a two-person chairlift. The shorter blue ski slopes have a ski lift and a T-bar lift. There is also a training slope with a dedicated ski lift available for children, as well as a snowboard park with rail obstacles. Skiers can attend instructor-led lessons and make use of a ski rental, repair shop and restaurant. A free ski bus is available from the parking lot.

[www.rsmiroslav.cz](http://www.rsmiroslav.cz)

### ■ Filipovice SKIPARK

The Filipovice SKIPARK is located at the northern foot of Červenohorské sedlo. It is a great choice for all those who like gentle slopes, sport skiing and snowboarding. Two intermediate slopes with a total length of 2,600 metres provide a variety of terrain. The visitors have a chairlift, two rope tows, a children's corner, a ski school, a ski rental and a repair shop at their disposal. The resort also offers the option of night skiing.

[www.skipark-filipovice.cz](http://www.skipark-filipovice.cz)

Filipovice SKIPARK



Miroslav



Paprsek

### ■ Cross-country Skiing Trails

The Jeseník Cross-Country Route will take you over the ridges of Hrubý Jeseník to Sněžník. Most of its approximately 100-kilometre length is mechanically maintained, which is also the case for the parts connecting the Jeseník Region. Some of the most popular mechanically maintained trails can be found around the Paprsek chalet. Those who prefer fitness cross-country skiing will appreciate the Ski Aréna Jeseník on the premises of the former barracks near Jeseník. The local ski club takes care of quality maintenance of the classic and skating trails ranging from half a kilometre to three kilometres in length. You will find regularly maintained trails in Rejvíz, Horní Lipová and other places in the Jeseník Region. Thanks to the efforts of many enthusiasts, the number of cross-country skiing trails has been increasing in recent years.

[www.jdemenabezky.cz](http://www.jdemenabezky.cz)



# LIST OF TOURIST INFORMATION CENTRES OF THE OLOMOUC REGION

## Olomouc

### Olomouc Information Centre

Horní náměstí (Upper Square) – Town Hall arcade, 779 11 Olomouc, infocentrum@olomouc.eu, +420 585 513 385, [tourism.olomouc.cz](http://tourism.olomouc.cz)

### Olomouc Regional Information Centre

Wolkerova 37/17, 779 00 Olomouc, info@ricolomouc.cz, +420 725 938 117, [ricolomouc.cz](http://ricolomouc.cz)

## Haná

### Velká Bystřice Cultural and Information Centre

Zámecké náměstí 775, 783 53 Velká Bystřice, kic@muvb.cz, +420 734 236 506, [www.velkabystrice.cz](http://www.velkabystrice.cz)

### Nature House in Litovelské Pomoraví

Skrbeňská 70, 783 35 Horka nad Moravou, info@slunakov.cz, +420 585 154 711, [www.slunakov.cz](http://www.slunakov.cz)

### Litovel Tourist Information Centre

nám. Přemysla Otakara 762, 784 01 Litovel, tic@litovel.eu, +420 585 150 221, [www.litovel.eu](http://www.litovel.eu)

### Cholina Tourist Information Centre

Cholina 224, 783 22 Cholina, tic@obeccholina.cz, +420 737 473 133, [www.obeccholina.cz/tic-cholina/](http://www.obeccholina.cz/tic-cholina/)

### Náměstí na Hané Tourist Information Centre

Hrad 1, 783 44 Náměstí na Hané, 783 44, zamek@namestnahane.cz, +420 585 952 184, [www.zamek.namestnahane.cz](http://www.zamek.namestnahane.cz)

### Slatinice Tourist Centre

Slatinice 29, 783 42 Slatinice, info@tc-slatinice.cz, +420 581 575 611, [www.tc-slatinice.cz](http://www.tc-slatinice.cz)

### Konice Tourist Information Centre

Kostelní 46, 798 52 Konice, icko.konice@seznam.cz, +420 582 334 987, [www.mekskonice.cz](http://www.mekskonice.cz)

### Kojetín Education and Information Centre

Masarykovo nám. 8, 752 01 Kojetín, info@meks.kojetin.cz, +420 581 202 202, [www.mekskojetin.cz](http://www.mekskojetin.cz)

### Němčice nad Hanou Tourist Information Centre

Palackého nám. 25, 798 27 Němčice nad Hanou, knihovna@nemcicenh.cz, +420 601 101 667, [www.nemcicenh.cz](http://www.nemcicenh.cz)

### Plumlov Tourist Information Centre

Zámecká 99, 798 03 Plumlov, zamek.plumlov@seznam.cz, +420 774 302 165, [www.plumlovsko.cz](http://www.plumlovsko.cz)

### Prostějov Tourist Information Centre

nám. T. G. Masaryka 131/12, 796 01 Prostějov, informace@prostejov.eu, +420 582 329 723, [www.prostejov.eu](http://www.prostejov.eu)

## Moravian Gate

### Přerov Town Information Centre

nám. T. G. Masaryka 7, 750 02 Přerov, mic@kis-prerov.cz, +420 581 587 777, [prerov.eu](http://prerov.eu), [www.kis-prerov.cz](http://www.kis-prerov.cz)

### Předmostí Town Information Centre

Pod Skalkou 1a, 751 24 Přerov, micpredmosti@kis-prerov.cz, +420 581 217 404, [kis-prerov.cz](http://kis-prerov.cz)

### Lipník nad Bečvou Tourist Information Centre

nám. T. G. Masaryka 13, 751 31 Lipník nad Bečvou, tic@mek-lipniknb.cz, +420 581 773 763, [info.mesto-lipnik.cz](http://info.mesto-lipnik.cz)

### Hranice Tourist Information Centre

Pernštejnské nám. 1, 753 01 Hranice, infocentrum.zamek@mkz-hranice.cz, +420 581 607 479, [www.infocentrum-hranice.cz](http://www.infocentrum-hranice.cz)

### Dřevohostice Rural Tourist Information Centre

Zámecká 88, 751 14 Dřevohostice, icdrevohostice@seznam.cz, +420 720 974 644, [www.drevohostice.cz](http://www.drevohostice.cz)

## Foothills of the Jeseníky Mountains

### Mohelnice Tourist Information Centre

Lazebnická 974/2, 789 85 Mohelnice, karabcovamksdk.cz, +420 583 430 915, [www.infomohelnice.cz](http://www.infomohelnice.cz)

### Zábřeh Tourist Information Centre

789 01 Zábřeh, Čs. armády 835/1, info@ic.zabreh.cz, +420 583 411 653, [tourism.zabreh.cz](http://tourism.zabreh.cz)

### Střítý Tourist Information Centre

nám. Miru 55, 789 91 Střítý, info@stity.cz, +420 583 440 109, [www.stity.cz](http://www.stity.cz)

### Moravský Beroun Cultural and Tourist Information Centre

nám. 9. května 4, 793 05 Moravský Beroun, info@morberoun.cz, +420 554 773 147, [www.morberoun.cz](http://www.morberoun.cz)

### Sternberk Information Centre

Horní nám. 47/2, 785 01 Sternberk, info@poznej-sternbersko.cz, +420 739 486 060, [www.poznej-sternbersko.cz](http://www.poznej-sternbersko.cz)

### Uničov Town Information Centre

Masarykovo nám. 29, 783 91 Uničov, mic@unicov.cz, +420 585 054 880, [www.mkzunicov.cz](http://www.mkzunicov.cz)

## Šumperk Region

### Tourist Information Centre – Praděd Children's Museum

tr. Adolfa Kašpara 37, Bludov 789 61, ticpdm@seznam.cz, +420 725 508 214, [www.praededovmuzeum.cz](http://www.praededovmuzeum.cz)

### Šumperk Information Centre

Hlavní třída 14, 787 01 Šumperk, ic@sumperk.cz, +420 583 214 000, [www.infosumperk.cz](http://www.infosumperk.cz)

### Rapotín Tourist Information Centre

Šumperská 530, 788 14 Rapotín, tic@rapotin.cz, +420 583 212 211, [www.ticrapotin.cz](http://www.ticrapotin.cz)

### Velké Losiny Information Centre

Lázeňská 674, 788 15 Velké Losiny, info@losiny.cz, +420 583 248 248, [www.iclosiny.cz](http://www.iclosiny.cz)

### Loučná nad Desnou Information Centre

Loučná nad Desnou 57, 788 11 Loučná nad Desnou, info@icloučna.cz, +420 583 235 221, [www.icloučna.cz](http://www.icloučna.cz)

### Hanušovice Tourist Information Centre

Hlavní 137, 788 33 Hanušovice, ic@ichanusovice.cz, +420 583 285 615, [www.ichanusovice.cz](http://www.ichanusovice.cz)

### Staré Město Tourist Information Centre

nám. Osvobození 166, 788 32 Staré Město, info@mu-staremesto.cz, +420 583 239 134, [www.staremesto.info](http://www.staremesto.info)

## Jeseník Region

### Lipová - lázně Information Centre

Lipová-lázně 476, 790 61 Lipová-lázně, muzeum@ic-lipova.cz, +420 584 421 209, [www.ic-lipova.cz](http://www.ic-lipova.cz)

### Javorník Town Information Centre

Puškinova 7, 790 70 Javorník, info@mksjavornik.cz, +420 584 440 688, [www.kulturnidumjavornik.cz](http://www.kulturnidumjavornik.cz)

### Jeseník Spa Information Centre

Priessnitzova 299, 790 03 Jeseník, infocentrum@priessnitz.cz, +420 584 491 470, [www.priessnitz.cz](http://www.priessnitz.cz)

### Jeseník Tourist Information Centre

Palackého 176/12, 790 01 Jeseník, ic@mujes.cz, +420 584 453 693, [www.jesenik.org/ic](http://www.jesenik.org/ic)

### Vidnava Tourist Information Centre

Radniční 84, 790 55 Vidnava, infocentrum@vidnava.cz, +420 725 636 457, [www.vidnava.cz](http://www.vidnava.cz)

### Zlaté Hory Town Information Centre

Bezručova 144, 793 76 Zlaté Hory, mic@zlatehory.cz, +420 584 425 397, [www.zlatehory.cz](http://www.zlatehory.cz)

### Žulová Tourist Information Centre

Josefské nám. 1, 790 65 Žulová, mkzulova@jes.cz, +420 584 437 151, [www.mestozulova.cz](http://www.mestozulova.cz)

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